You will want to make sure you get PLENTY of fiber after delivery. Don’t stop at one!

For lips that are dry during labor and throughout your hospital stay.

For those times when you REALLY want a fancy coffee but don’t have the energy to get things together and leave the house.

You will always want water by your side when you’re nursing. You will be so thirsty you can’t wait until baby is done.

Sometimes you will just be too sleepy to wash your face. This will make getting to bed faster.

An easy snack you can keep by your bed for middle of the night feedings. Nursing will make you hungry.

Keep wipes everywhere! In the diaper bag, in your purse, in the car. There is nothing worse than running out!

Comfy socks to keep your feet cozy during your stay at the hospital.

For when you need a tropical vacation (but aren’t going to get one anytime soon.)

It never fails… baby will always spit up when you’re dressed in your best.

Just something cute and cuddly!

A little protein might be needed when you’re dragging after those first long nights.

To help make sure you don’t waste a precious minute with your little one fighting a headache.

Something cute for your hair on those days you can’t find the energy to do anything with it.

Thank you for visiting our bundle of joy! Please help keep him healthy.

A little bit of wine to help you relax after a busy day being mom.

CHOCOLATE!

Sometimes moms need a sweet treat too!

For the new mom

A special kit just to keep you comfortable as you begin your life with your baby!