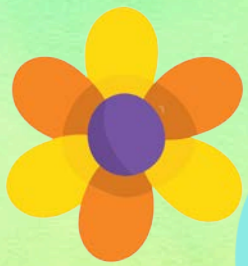




Let's take a break!

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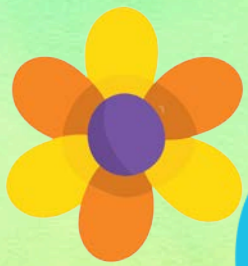
bend





stretch





reach





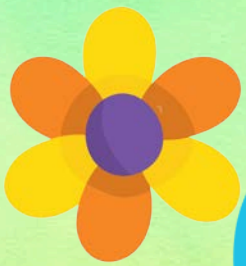
leg lifts

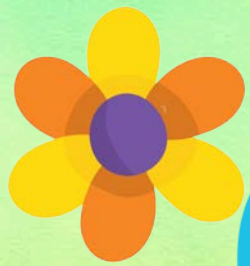


run in place



jumping jacks

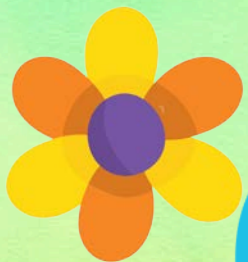




Flutter like
a
butterfly.



Buzz like a
bee.



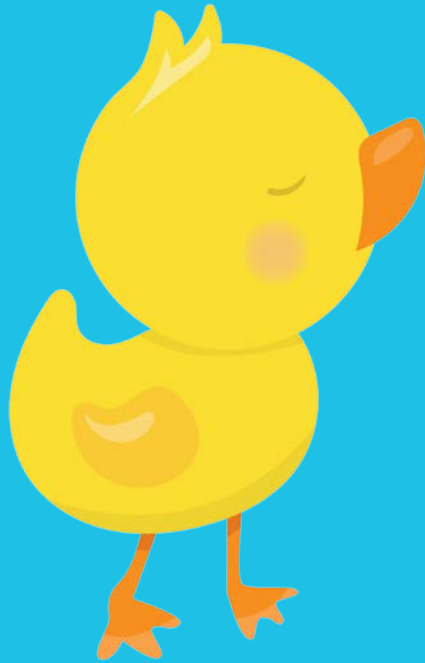
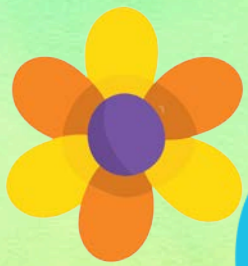


Hop like a
frog.



Crawl like
a snail.





Waddle
like a duck.



Splash in a
puddle.

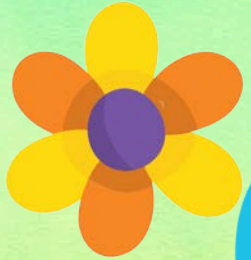




Fall like the
rain.



Grow like
a flower.





Dance Party!