Today is: February 1st

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

What are you looking forward to this month?

## Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.
Do 10 lunges.

## Warm up your brain!

Make a list of adjectives that describe February.

## Today's Fun Fact!

James Mercer Langston Hughes was born on February 1, 1902. Why is he famous?

Today is: February 2nd The year is:

The day of the week is:

The weather today is:















What is a goal you have for yourself this month?

### Get moving!

Choose your own! Do a stretch and a quick exercise.

# Warm up your brain!

Make a list of verbs that are things you might do in February.

# Today's Fun Fact!

February  $2^{nd}$  is Groundhog Day. It is celebrated in the United States and Canada.



Today is: February 3rd

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Talk about a book you think your friend should read.

### Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 20 seconds.

## Warm up your brain!

Make a list of five common nouns and five proper nouns.

## Today's Fun Fact!

Elizabeth Blackwell was born on February 2rd, 1821. Why is she famous?



Today is: February 4th

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Ask a friend what they did last weekend.

## Get moving!

Choose your own!
Do a stretch and a quick exercise.

# Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

# Today's Fun Fact!

Rosa Parks was born on February 4<sup>th</sup>, 1913. Why is she famous?



Today is: February 5th

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend about your breakfast.

### Get moving!

Reach and touch your toes. Hold for 10 seconds. Run in place for 30 seconds.

## Warm up your brain!

Write a note to someone who works at your school. Tell them why their job is important.

# Today's Fun Fact!

February is National Haiku Writing Month. Do you know what is special about a haiku?



Today is: February 6th

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend about your favorite season.

Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Make a list of nouns that remind you of February.



#### Today's Fun Fact!

Ronald Reagan was born on February  $6^{th}$ , 1911. He was the  $40^{th}$  president of the United States.

Today is: February 7th

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Ask a neighbor about something that makes them happy.



### Get moving!

Reach your arms up high and hold for 10 seconds. Do 10 sit ups.

### Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

## Today's Fun Fact!

Laura Ingalls Wilder was born on February 7<sup>th</sup>, 1867. What books is she famous for writing?

Today is: February 8th

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

What is something you enjoy to do during the month of February?



Touch your toes and hold for 10 seconds. Do 10 jumping jacks.

# Warm up your brain!

Write a letter thanking your school nurse for what they do.

# Today's Fun Fact!

February is Children's Dental Health Month and Pet Dental Health Month.



Today is: February 9th

The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend about your favorite after school snack.

## Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.
Run in place for 20 seconds.

## Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

# Today's Fun Fact!

Hershey's Chocolate was founded on February 9th, 1894.



Today is: February 10th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Would you rather play outside or inside when it is cold?

## Get moving!

Choose your own! Do a stretch and a quick exercise.

## Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

## Today's Fun Fact!

February 10<sup>th</sup> is National Umbrella Day. The first umbrellas were made over four thousand years ago.



Today is: February 11th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

What is your favorite lunch to have at school?

## Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.

Do 10 lunges.

## Warm up your brain!

Draw and label a picture of something you find in your classroom.

## Today's Fun Fact!

In honor of Thomas Edison's birth on February 11<sup>th</sup>, 1847, today is National Inventors' Day.



Today is: February 12th The year is:

The day of the week is:

The weather today is:













#### **Greet a friend!**

Give a friend a compliment.

### Get moving!

Touch your toes and hold for 10 seconds. Do 10 jumping jacks.

### Warm up your brain!

Find a poem you would like to read.
Practice reading it.

### Today's Fun Fact!

Abraham Lincoln was born on February 12<sup>th</sup>, 1809. He was the 16<sup>th</sup> president of the United States.



Today is: February 13th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

What is your favorite type of weather?

# Get moving!

Reach your arms up high and hold for 10 seconds. Do 10 sit ups.

## Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

## Today's Fun Fact!

February 13th is Get a Different Name Day. What name would you choose?

Today is: February 14th The year is:

The day of the week is:

The weather today is:















Tell about something you are looking forward to today.

# Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

# Warm up your brain!

Find an interesting fact to share about a famous inventor.

## Today's Fun Fact!

Frederick Douglas celebrated his birthday on February 14<sup>th</sup>. Do you know why he is famous?



Today is: February 15th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend about what you would type of books you like best.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.

Run in place for 20 seconds.

## Warm up your brain!

Can you unscramble this word?
e i i d f h n p r s

Today's Fun Fact!

YouTube began on February 15th, 2005.

Today is: February 16th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Make a plan with a friend to do something kind for someone else today.

Get moving!

Choose your own!
Do a stretch and a quick exercise.

# Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

# Today's Fun Fact!

On this day in 1903, the Teddy Bear was first introduced in Brooklyn, NY.



Today is: February 17th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

What is something new you have learned in our class?

## Get moving!

Drop your head to the side. Roll your head back and forth slowly to stretch. Do 10 inside outside, outside inside jumping jacks.

#### Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

## Today's Fun Fact!

Today is Random Acts of Kindness Day. See how many random acts of kindness you can complete today.

Today is: February 18th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend about something you are looking forward to next weekend.

### Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.

Do 10 lunges.

### Warm up your brain!

Make a list of ways you can make the number 18.



# Today's Fun Fact!

Pluto was first discovered by Clyde Tombaugh in 1930.

Today is: February 19th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Do you like to read? Tell a friend how you feel about reading.

## Get moving!

Reach your arms up high and hold for 10 seconds.
Do 10 sit ups.

# Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

## Today's Fun Fact!

Cherry Coke was first introduced on this day in 1985.



Today is: February 20th The year is:

The day of the week is:

The weather today is:















Tell a friend about a book you have read.

Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Write a sentence that shares how you feel today.

Today's Fun Fact!

In 1962, John Glenn was the first American to orbit the earth.



Today is: February 21st The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

What do you do to stay warm in the winter?

## Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 30 seconds.

### Warm up your brain!

How many types of trees can you name?

## Today's Fun Fact!

Barbara Jordan was born on February 21<sup>st</sup>, 1936. She was the first African American elected to the House of Representatives.

Today is: February 22nd The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend what you will be having for lunch today.

### Get moving!

Choose your own! Do a stretch and a quick exercise.

## Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

## Today's Fun Fact!

George Washington was born on February 22<sup>nd</sup>, 1732. He was the first president of the United States.

Today is: February 23rd The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Ask a friend or adult how you can help them today.

## Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side. Do 10 lunges.

## Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

## Today's Fun Fact!

The Tootsie Roll was first introduced in 1896. It was made by Leo Hirschfield in New York.



Today is: February 24th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Find a poem to read with a friend.

## Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

# Warm up your brain!

Write a silly sentence.

### Today's Fun Fact!

Today is National Tortilla Chip Day!





Today is: February 25th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

What is your favorite type of pizza?



Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 20 seconds.

## Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

## Today's Fun Fact!

Hirman R. Revels of Mississippi became the first African American to serve in the United States congress in 1870.

Today is: February 26th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend about a movie you think they should watch.

## Get moving!

Choose your own!
Do a stretch and a quick exercise.

### Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

# Today's Fun Fact!

Today is National Tell a Fairy Tale Day. What is your favorite fairy tale?



Today is: February 27th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Tell a friend what you did last night.

### Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

## Warm up your brain!

Look at a map of the world. Can you find and name the oceans?

## Today's Fun Fact!

In 1988, figure skater Debi Thomas became the first African American athlete to win a medal at the Winter Olympics.

Today is: February 28th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Ask a friend how many cousins they have.



Reach your arms up high and hold for 10 seconds. Do 10 sit ups.

#### Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

### Today's Fun Fact!

On this day in 1940, a basketball game was first shown on TV.

Today is: February 29th The year is:

The day of the week is:

The weather today is:













#### Greet a friend!

Ask a friend if they know anyone who has a birthday today.

# Get moving!

Do 29 jumping jacks.

# Warm up your brain!

If someone who is 10 has had a special Leap Year party every Leap Year since they were born, how many Leap Year parties have they had?

Today's Fun Fact!

Today is Leap Year Day! How often does a Leap Year occur?