

Today is: **January 1st**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What are you looking forward to in January?

Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Make a list of words that describe your New Year's Eve.

Today's Fun Fact!

January 1st is Polar Bear Swim Day. What do you know about Polar Bear Swims?



Today is: **January 2nd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What are you looking forward to in the New Year?

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.

Do 10 lunges.

Warm up your brain!

Make a list of adjectives that describe January.

Today's Fun Fact!

January 2nd is National Motivation and Inspiration Day. Write a small note to motivate a friend to do their best today.



Today is: **January 3rd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend a goal you are setting for yourself this year.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make a list of verbs that are actions
you can do in January.

Today's Fun Fact!

Alaska became the 49th state on January 3rd, 1959.



Today is: **January 4th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Talk about a book you think your friend should read.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 20 seconds.

Warm up your brain!

Make a list of verbs that are actions you can do in January.

Today's Fun Fact!

January 4th is National Spaghetti Day. Will you have spaghetti today?



Today is: **January 5th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend what they did last weekend.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

January 5th is Monopoly day. The game Monopoly came about from the game The Landlord's Game. This game was invented by Elizabeth Magie Phillips which was patented on January 5th, 1904. Research to learn more about the history of the game and the many versions before it became the game we play today.



Today is: **January 6th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about your breakfast.

Get moving!

Reach and touch your toes. Hold for 10 seconds.

Run in place for 30 seconds.

Warm up your brain!

Write a note to someone who works at your school. Tell them why their job is important.

Today's Fun Fact!

January is National Oatmeal Month. Do you like oatmeal? If so, what toppings do you like?



Today is: **January 7th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about your favorite season.

Get moving!

**Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.**

Warm up your brain!

Make a list of nouns that remind you of January.

Today's Fun Fact!

On January 7th, 1914 the first steamboat passed through the Panama Canal. What can you learn about the Panama Canal?



Today is: **January 8th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a neighbor about something that makes them happy.

Get moving!

Reach your arms up high and hold for 10 seconds.
Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend
to solve. Solve your friend's problem.

Today's Fun Fact!

January 8th is Bubble Bath Day.
Do you like to take bubble baths?



Today is: **January 9th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What is something you enjoy to do during the month of January?

Get moving!



Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Write a letter thanking a police officer for
what they do.

Today's Fun Fact!

January 9th is Law Enforcement Appreciation Day.
Be sure to thank a police officer for their work!



Today is: **January 10th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about your favorite after school snack.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.

Run in place for 20 seconds.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

Edward W. Brooke became the first elected African American US senator on January 10th, 1967

Today is: **January 11th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Do you like to play outside when it is cold?

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Insulin was first used to treat humans with diabetes on January 11th, 1922. The first patient to use insulin was 14 and lived in Canada.

Today is: **January 12th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What is your favorite game to play?

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.
Do 10 lunges.

Warm up your brain!

Draw and label a picture of an animal you might see outside in the winter.

Today's Fun Fact!

Jeff Bezos was born on January 12th, 1964.
Why is he famous?



Today is: **January 13th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Give a friend a compliment.

Get moving!

Touch your toes and hold for 10 seconds.

Do 10 jumping jacks.

Warm up your brain!

Draw an object you find in our classroom. Label your drawing when you are done.

Today's Fun Fact!

Today is National Make Your Dream Come True Day.

What will you do to make your dream come true?



Today is: **January 14th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What is your favorite type of weather?

Get moving!

Reach your arms up high and hold for 10 seconds.

Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Franklin D. Roosevelt became the first American president to travel by airplane on January 14, 1943. He flew to Morocco to meet with Winston Churchill during World War II.

Today is: **January 15th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell about something you are
looking forward to today.

Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Find an interesting fact to share
about Martin Luther King, Jr.

Today's Fun Fact!

Martin Luther King, Jr. was born on January 15, 1929 in Atlanta, Georgia.



Today is: **January 16th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about what you would like to learn about in science next.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.

Run in place for 20 seconds.

Warm up your brain!

Can you unscramble this word?

o o m n r s s t w

Today's Fun Fact!

Dian Fossey was born on January 16, 1932.

What is she known for?



Today is: **January 17th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Make a plan with a friend to do something kind for someone else today.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

January 17th is Kid Inventors' Day.



Today is: **January 18th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What is something new you have learned in our class?

Get moving!

Drop your head to the side. Roll your head back and forth slowly to stretch. Do 10 inside outside, outside inside jumping jacks.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

A. A. Milne was born on January 18th, 1882.

Why is he famous?



Today is: **January 19th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about something you are looking forward to next weekend.

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.
Do 10 lunges.

Warm up your brain!

Make a list of ways you can make the number 19.

Today's Fun Fact!

January 19th is Popcorn Day!



Today is: **January 20th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Do you like to read? Tell a friend how you feel about reading.

Get moving!

Reach your arms up high and hold for 10 seconds.
Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend
to solve. Solve your friend's problem.

Today's Fun Fact!

January 20th is National Cheese Lovers Day. Do
you love cheese!



Today is: **January 21st**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Make a plan with a friend to help someone else today.

Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Write a sentence that shares how you feel today.

Today's Fun Fact!

There are 58 days left until it is spring.



Today is: **January 22nd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What do you do to stay warm in the winter?

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 30 seconds.

Warm up your brain!

How many cities can you think of that are in our state? Make a list.

Today's Fun Fact!

January 22nd is National Polka Dot Day.



Today is: **January 23rd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend what you will be having for lunch today.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

John Hancock, the first person to sign the Declaration of Independence, was born on January 23rd, 1737



Today is: **January 24th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend or adult how you can help them today.

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side. Do 10 lunges.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

Today is National Compliment Day. Give someone in our class a compliment.



Today is: **January 25th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Find a poem to read with a friend.

Get moving!

**Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.**

Warm up your brain!

Write a sentence about your favorite hobby.

Today's Fun Fact!

**Today is National Opposite Day. Try to talk in
opposites until we start our day!**

Today is: **January 26th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Would you rather eat a sweet treat or something salty?

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 20 seconds.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

January 26th is Australia Day.
Can you find Australia on a map?



Today is: **January 27th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about a movie you think they should watch.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

Today is National Chocolate Cake Day. What is your favorite cake flavor?



Today is: **January 28th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend what you did last night.

Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Look at a map of the world.
Can you find the Great Lakes?

Today's Fun Fact!

Today is the birthday of Ernie from Sesame Street. Did you watch Sesame Street when you were younger?



Today is: **January 29th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend how many siblings they have.

Get moving!

Reach your arms up high and hold for 10 seconds.
Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Oprah Winfrey was born on January 29, 1954.



Today is: **January 30th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend what they will eat for lunch today.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 20 seconds.

Warm up your brain!

Make a list of verbs that are actions you can do in January.

Today's Fun Fact!

Franklin Delano Roosevelt was born on January 30th, 1882. He was the 32nd president of the United States.



Today is: **January 31st**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about your favorite January memory.

Get moving!

**Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.**

Warm up your brain!

**Write a sentence or two about
something you learned in January.**

Today's Fun Fact!

January is National Soup Month. Do you like soup?