

Today is: **May 1st**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend how their morning has been.

Get moving!

Touch your toes and hold for 10 seconds.

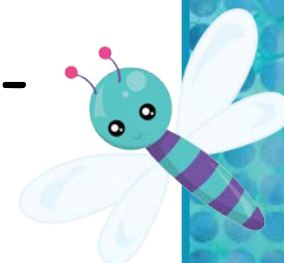
Do 10 jumping jacks.

Warm up your brain!

Write the name of your city and state -
make sure you spell both correctly.

Today's Fun Fact!

Today is Mother Goose Day. Did you have a favorite
nursery rhyme when you were younger?



Today is: **May 2nd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about somewhere you would like to go.

Get moving!

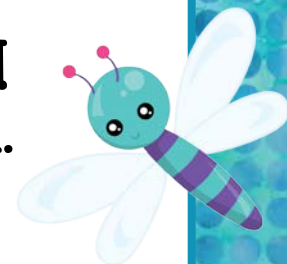
Reach your arms up high and hold for 10 seconds.
Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

May is Gifts from the Garden Month. What kind of gift could you give from a garden?



Today is: **May 3rd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend about their favorite thing to play outside.

Get moving!

Touch your toes and hold for 10 seconds.

Do 10 jumping jacks.

Warm up your brain!

Write a letter thanking someone special to you for what they do.

Today's Fun Fact!

Today is National Two Different Colored Shoes Day.



Today is: **May 4th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend what they like best about May.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.

Run in place for 20 seconds.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

Happy May the Fourth Day! What movies does this day celebrate?



Today is: **May 5th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Think of a joke or riddle to tell a friend. If you don't know one, look for one.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

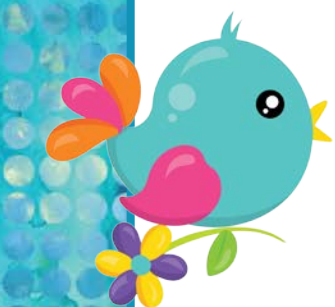


Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

May 5th is National Astronaut Day. Can you figure out why this day was chosen to celebrate astronauts?



Today is: **May 6th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Look outside. Talk about what you see.

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.
Do 10 lunges.

Warm up your brain!

Draw and label a picture of a tree. Use a book or the Internet to help.

Today's Fun Fact!

Today is National Nurses Day. Thank any nurses you know for all they do!



Today is: **May 7th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Give a friend a compliment.

Get moving!

Touch your toes and hold for 10 seconds.

Do 10 jumping jacks.

Warm up your brain!

Find a poem you would like to read.

Practice reading it.

Today's Fun Fact!

Today is National Teacher Day. Thank all of the teachers you see!



Today is: **May 8th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a neighbor about their favorite animal.

Get moving!

Reach your arms up high and hold for 10 seconds.

Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

The first Coca-Cola was sold in Atlanta on May 8th, 1886.



Today is: **May 9th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell about something you are looking forward to today.

Get moving!

Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Make a list of changes you see as
summer comes closer.

Today's Fun Fact!

The first cartoon was printed in a newspaper in
the United States on May 9, 1754.



Today is: **May 10th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about your favorite books to read.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.
Run in place for 20 seconds.

Warm up your brain!

Can you unscramble this word?

a i o b n r w

Today's Fun Fact!

Today is Clean up Your Room Day. Make sure you clean your room when you get home!



Today is: **May 11th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Make a plan with a friend to do something kind for someone else today.

Get moving!

Choose your own!

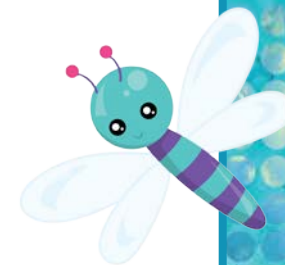
Do a stretch and a quick exercise.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Minnesota became the 32nd state on May 11th, 1858. Can you find Minnesota on a map?



Today is: **May 12th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Talk with a classmate you don't talk with often.

Get moving!

Drop your head to the side. Roll your head back and forth slowly to stretch. Do 10 inside outside, outside inside jumping jacks.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

Florence Nightingale was born on May 12, 1820. Can you find a fact about her life?



Today is: **May 13th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about something fun you like to do in the spring.

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side. Do 10 lunges.

Warm up your brain!

Make a list of ways you can make the number 18.

Today's Fun Fact!

Jamestown, the first permanent English settlement in America, was founded on May 13, 1607.



Today is: **May 14th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend if they have ever planted a garden.

Get moving!

Reach your arms up high and hold for 10 seconds.

Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Lewis and Clark set off on their famous expedition on May 14, 1804. Where did they explore?



Today is: **May 15th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Talk with a friend about animals you might see outside your school.

Get moving!

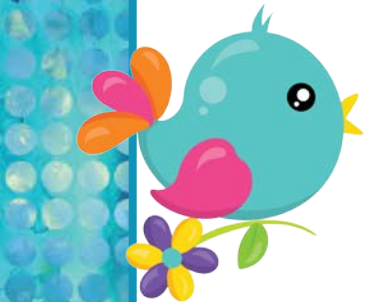
Touch your toes and hold for 10 seconds.
Do 10 jumping jacks.

Warm up your brain!

Make a list your favorite books.

Today's Fun Fact!

Mickey Mouse was first seen in his first silent cartoon, *Plane Crazy*.



Today is: **May 16th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend what you had for breakfast today.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Root beer was invented on May 16th, 1866 by Charles Elmer Hires.



Today is: **May 17th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend or adult how you can help them today.

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side. Do 10 lunges.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

Gary Paulson was born on May 17th, 1939.



Today is: **May 18th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Find a poem to read with a friend.

Get moving!

Touch your toes and hold for 10 seconds.

Do 10 jumping jacks.

Warm up your brain!

Pick something in the classroom or outside the window to draw and label.

Today's Fun Fact!

Today is No Dirty Dishes Day. Will you celebrate by not doing any dirty dishes or by making sure there are no dirty dishes left to do?



Today is: **May 19th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Talk about something our class should do before school is over.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 20 seconds.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Today is World Plant a Vegetable Garden Day.



Today is: **May 20th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about a movie you think they should watch.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

Today's Fun Fact!

Mary Pope Osborne was born on May 20, 1949.



Today is: **May 21st**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend what you did last night.

Get moving!

Touch your toes and hold for 10 seconds.

Do 10 jumping jacks.

Warm up your brain!

Look at a map of the world.

Can you find Australia?

Today's Fun Fact!

Clara Barton founded the American Red Cross on May 21st, 1881.



Today is: **May 22nd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend what their address is.

Get moving!

Reach your arms up high and hold for 10 seconds.

Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Arnold Lobel was born on May 22, 1933. Why is he famous?



Today is: **May 23rd**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend what their favorite snack is.

Get moving!

Do 26 jumping jacks.

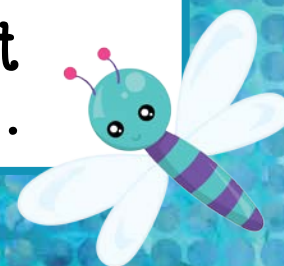
Warm up your brain!

Find your own challenge.

What can you do to warm up your brain today?

Today's Fun Fact!

Today is World Turtle Day! Find a fact about turtles to share with the class.



Today is: **May 24th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What is something great you have done this month?

Get moving!

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side. Do 10 lunges.

Warm up your brain!

Make a list of adjectives that describe May.

Today's Fun Fact!

Mary had a Little Lamb was first published on May 24th, 1830.



Today is: **May 25th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Who is your favorite cartoon character?

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make a list of verbs that are things you have done in May.

Today's Fun Fact!

President Kennedy set a goal of putting a man on the moon before the end of the decade on May 25th, 1961.



Today is: **May 26th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Talk about a book you think your friend should read.

Get moving!

Sit down and reach your legs out. Reach and touch your toes for 10 seconds. Run in place for 20 seconds.

Warm up your brain!

Find Africa and India on a map.

Today's Fun Fact!

Today is National Paper
Airplane Day!



Today is: **May 27th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

What is a goal you have achieved this month?

Get moving!

Choose your own!

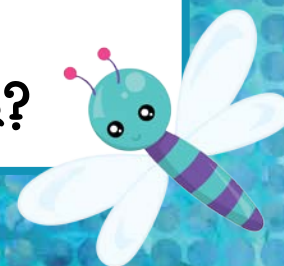
Do a stretch and a quick exercise.

Warm up your brain!

Write a sentence that tells about a what you want to do at recess today.

Today's Fun Fact!

The Golden Gate Bridge opened on May 27th, 1937. Where is this bridge?



Today is: **May 28th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend what they did last weekend.

Get moving!

Choose your own!

Do a stretch and a quick exercise.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Today is National Hamburger Day!



Today is: **May 29th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about your favorite snack.

Get moving!

Reach and touch your toes. Hold for 10 seconds.

Run in place for 30 seconds.

Warm up your brain!

Make a list of words you can use to describe our class.

Today's Fun Fact!

Andrew Clements was born on May 29, 1949.



Today is: **May 30th**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Ask a friend how their morning has been.

Get moving!

Touch your toes and hold for 10 seconds.

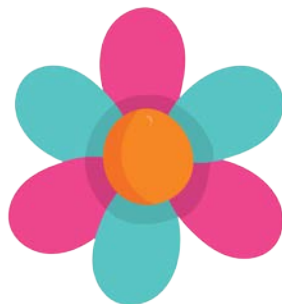
Do 10 jumping jacks.

Warm up your brain!

Write the name of your city and state -
make sure you spell both correctly.

Today's Fun Fact!

Today is National Creativity Day. What
can you do today that is creative?



Today is: **May 31st**

The year is:

The day of the week is:

The weather today is:



Greet a friend!

Tell a friend about your favorite May memory.

Get moving!

Reach your arms up high and hold for 10 seconds.
Do 10 sit ups.

Warm up your brain!

Make up a math problem for a friend to solve. Solve your friend's problem.

Today's Fun Fact!

Big Ben began operating on May 31st, 1859. Where and what is Big Ben?

