

Today is: **October 1st**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

What is your favorite thing to do in October?

**Get moving!**

Reach your arms up high and hold for 10 seconds.  
Do 10 sit ups.

**Warm up your brain!**

Make up a math problem for a friend to solve.  
Solve your friend's problem.

**Today's Fun Fact!**

Walt Disney World opened on October 1<sup>st</sup>, 1971.  
How many years ago was this?

Today is: **October 2nd**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend what they had for breakfast?

**Get moving!**

Touch your toes and hold for 10 seconds.  
Do 10 jumping jacks.

**Warm up your brain!**

Make a list of adjectives that describe October.

**Today's Fun Fact!**

Today is World Farm Animals Day. Do you have a favorite farm animal?

Today is: **October 3rd**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

**Tell a friend what your favorite season is.**

**Get moving!**

**Sit down and reach your legs out.**

**Reach and touch your toes for 10 seconds.**

**Run in place for 20 seconds.**

**Warm up your brain!**

**Make a list of verbs that are actions you might do in October.**

**Today's Fun Fact!**

**October is National Popcorn Popping Month.**

Today is: **October 4th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend about a book they are reading.

**Get moving!**

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.

Do 10 lunges.

**Warm up your brain!**

Pick a just right math warm up.

Count by 2s, 3s, 4s or 5s to 100 or higher.

**Today's Fun Fact!**

Today is National Taco Day.  
What do you like on your tacos?

Today is: **October 5th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend what their favorite song is.

**Get moving!**

Drop your head to the side. Roll your head back and forth slowly to stretch.

Do 10 inside outside, outside inside jumping jacks.

**Warm up your brain!**

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

**Today's Fun Fact!**

Ray Croc was born on October 5<sup>th</sup>, 1902.

What is he famous for?

Today is: **October 6th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend what they did last weekend.

**Get moving!**

Choose your own!

Do a stretch and a quick exercise.

**Warm up your brain!**

Make up a math problem for a friend to solve. Solve your friend's problem.

**Today's Fun Fact!**

October is Bat Appreciation Month.  
How do bats help us?

Today is: **October 7th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

**Tell a friend about your breakfast.**

**Get moving!**

**Reach and touch your toes. Hold for 10 seconds.  
Run in place for 30 seconds.**

**Warm up your brain!**

**Write a note to someone who works at  
our school. Thank them for what they do.**

**Today's Fun Fact!**

**October is Dessert Month. What is the  
difference between a desert and a dessert?**

Today is: **October 8th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend what they like to do after school.

**Get moving!**

Touch your toes and hold for 10 seconds.  
Do 10 jumping jacks.

**Warm up your brain!**

Make a list of nouns that remind you of October.

**Today's Fun Fact!**

October 8<sup>th</sup> is World Octopus Day.  
Find a fact to share about an octopus.



Today is: **October 9th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Tell a friend about a book you think they should read.

**Get moving!**

Reach your arms up high and hold for 10 seconds.  
Do 10 sit ups.

**Warm up your brain!**

Make up a math problem for a friend  
to solve. Solve your friend's problem.

**Today's Fun Fact!**

October is National Roller Skating Month.  
Have you ever been roller skating?



Today is: **October 10th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend what their favorite kind of cookie is.

**Get moving!**

Touch your toes and hold for 10 seconds.  
Do 10 jumping jacks.

**Warm up your brain!**

Make a list of 5 contractions.  
What words make up these contractions?

**Today's Fun Fact!**

October is Squirrel Awareness Month.  
Can you find a fact to share about squirrels?

Today is: **October 11th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Tell a friend about a book you think they should read.

**Get moving!**

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.

Run in place for 20 seconds.

**Warm up your brain!**

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

**Today's Fun Fact!**

Eleanor Roosevelt was born on October 11<sup>th</sup>, 1884. Find a fact to share about her life.



Today is: **October 12th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Would you rather play inside or outside during the fall?

**Get moving!**

Choose your own!

Do a stretch and a quick exercise.

**Warm up your brain!**

Make up a math problem for a friend to solve. Solve your friend's problem.

**Today's Fun Fact!**

October is Apple Month.

Add to our list of apple varieties.

Today is: **October 13th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

What is your favorite game to play?

**Get moving!**

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side.

Do 10 lunges.

**Warm up your brain!**

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

**Today's Fun Fact!**

October is Pizza Month.

What is your favorite pizza topping?

Today is: **October 14th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

**Give a friend a compliment.**

**Get moving!**

**Touch your toes and hold for 10 seconds.**

**Do 10 jumping jacks.**

**Warm up your brain!**

**Draw and label a picture of a tree,  
animal or other object.**

**Today's Fun Fact!**

**Winnie the Pooh by A. A. Milne was first  
published on October 14<sup>th</sup>, 1926.**

Today is: **October 15th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

What is your favorite type of weather?

**Get moving!**

Reach your arms up high and hold for 10 seconds.  
Do 10 sit ups.

**Warm up your brain!**

Make up a math problem for a friend to solve. Solve your friend's problem.

**Today's Fun Fact!**

Today is Global Handwashing Day.  
Make sure you wash your hands!

Today is: **October 16th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

**Tell about your favorite animal.**

**Get moving!**

**Touch your toes and hold for 10 seconds.  
Do 10 jumping jacks.**

**Warm up your brain!**

**Make a list of words to describe today's weather.**

**Today's Fun Fact!**

**Today is Dictionary Day.  
Can you find out why today was chosen?**



Today is: **October 17th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Tell a friend about what you would like to learn about in science next.

**Get moving!**

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.

Run in place for 20 seconds.

**Warm up your brain!**

Can you unscramble this word?

a e i d h r y

**Today's Fun Fact!**

October is National Pasta Month. Do you like pasta?

Today is: **October 18th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Make a plan with a friend to do something kind for someone else today.

**Get moving!**

Choose your own!

Do a stretch and a quick exercise.

**Warm up your brain!**

Make up a math problem for a friend to solve. Solve your friend's problem.

**Today's Fun Fact!**

October 18<sup>th</sup> is Chocolate Cupcake Day!

Today is: **October 19th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

What is something new you have learned in our class?

**Get moving!**

Drop your head to the side. Roll your head back and forth slowly to stretch.

Do 10 inside outside, outside inside jumping jacks.

**Warm up your brain!**

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

**Today's Fun Fact!**

October is National Black Cat Awareness Month.

Today is: **October 20th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend how their morning has been.

**Get moving!**

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side. Do 10 lunges.

**Warm up your brain!**

Make a list of ways you can make the number 20.

**Today's Fun Fact!**

October 20<sup>th</sup> is International Sloth Day.  
Find a fact to share about sloths.

Today is: **October 21st**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**  
Do you like to draw? Tell a friend how you feel about drawing.



**Get moving!**

Reach your arms up high and hold for 10 seconds.  
Do 10 sit ups.

**Warm up your brain!**

Make up a math problem for a friend to solve. Solve your friend's problem.

**Today's Fun Fact!**

Today is Reptile Awareness Day.  
Name a type of reptile.



Today is: **October 22nd**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend if they have a favorite fall snack.

**Get moving!**

Touch your toes and hold for 10 seconds.  
Do 10 jumping jacks.

**Warm up your brain!**

Write a sentence that shares how you feel today.

**Today's Fun Fact!**

Today is Nut Day.  
Help us create a list of types of nuts.

Today is: **October 23rd**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Talk about what changes you see happening outside.

**Get moving!**

Sit down and reach your legs out. Reach and touch your toes for 10 seconds.

Run in place for 30 seconds.

**Warm up your brain!**

How many types of trees can you think of?

Make a list.

**Today's Fun Fact!**

The first iPod was revealed on October 23<sup>rd</sup>, 2001. Apple began selling it in November.

Today is: **October 24th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Tell a friend what you will be having for lunch today.

**Get moving!**

Choose your own!

Do a stretch and a quick exercise.

**Warm up your brain!**

Make up a math problem for a friend to solve. Solve your friend's problem.

**Today's Fun Fact!**

Today is United Nations Day. What can you learn about the United Nations?



Today is: **October 25th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Ask a friend or adult how you can help them today.

**Get moving!**

Stand with your legs apart. Reach down and touch one foot then hold for 10 seconds. Repeat on the other side. Do 10 lunges.

**Warm up your brain!**

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

**Today's Fun Fact!**

Pablo Picasso was born on October 25<sup>th</sup>, 1881.

What did he do?



Today is: **October 26th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

**Give a friend a compliment.**

**Get moving!**

**Touch your toes and hold for 10 seconds.**

**Do 10 jumping jacks.**

**Warm up your brain!**

**Write a sentence about something you like to do in the fall.**

**Today's Fun Fact!**

**Today is Pumpkin Day! Find a fact to share about pumpkins.**

Today is: **October 27th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

**Tell a friend about your favorite thing to do at recess.**

**Get moving!**

**Reach your arms up high and hold for 10 seconds.  
Do 10 sit ups.**

**Warm up your brain!**

**Make up a math problem for a friend  
to solve. Solve your friend's problem.**

**Today's Fun Fact!**

**It's a Great Pumpkin, Charlie Brown was first  
shown on this day in 1966. Have you seen it?**



Today is: **October 28th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Say something nice to another person.

**Get moving!**

Drop your head to the side. Roll your head back and forth slowly to stretch.

Do 10 inside outside, outside inside jumping jacks.

**Warm up your brain!**

How many ways can you make the number 20?

**Today's Fun Fact!**

The Statue of Liberty was dedicated on October 28<sup>th</sup>, 1886. Find a fact to share about the Statue of Liberty.

Today is: **October 29th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Would you rather eat pumpkin pie or pumpkin bread?

**Get moving!**

Sit down and reach your legs out.

Reach and touch your toes for 10 seconds.

Run in place for 20 seconds.

**Warm up your brain!**

Make up a math problem for a friend to solve. Solve your friend's problem.

**Today's Fun Fact!**

Today is Internet Day! It celebrates the first time two computers communicated with each other in 1969.



Today is: **October 30th**

The year is:

The day of the week is:

The weather today is:



**Greet a friend!**

Tell a friend about a book you think they should read.

**Get moving!**

Choose your own!

Do a stretch and a quick exercise.

**Warm up your brain!**

Pick a page from a book you are reading. Practice your fluency by reading it over and over.

**Today's Fun Fact!**

Today is Candy Corn Day.

Do you like candy corn?

Today is: **October 31st**

The day of the week is:

The weather today is:



The year is:

**Greet a friend!**

**Give a friend a compliment.**

**Get moving!**

**Touch your toes and hold for 10 seconds.**

**Do 10 jumping jacks.**

**Warm up your brain!**

**Draw and label a picture of a pumpkin.**

**Today's Fun Fact!**

**Juliette Gordon Low was born on October 31, 1860. What did she do?**