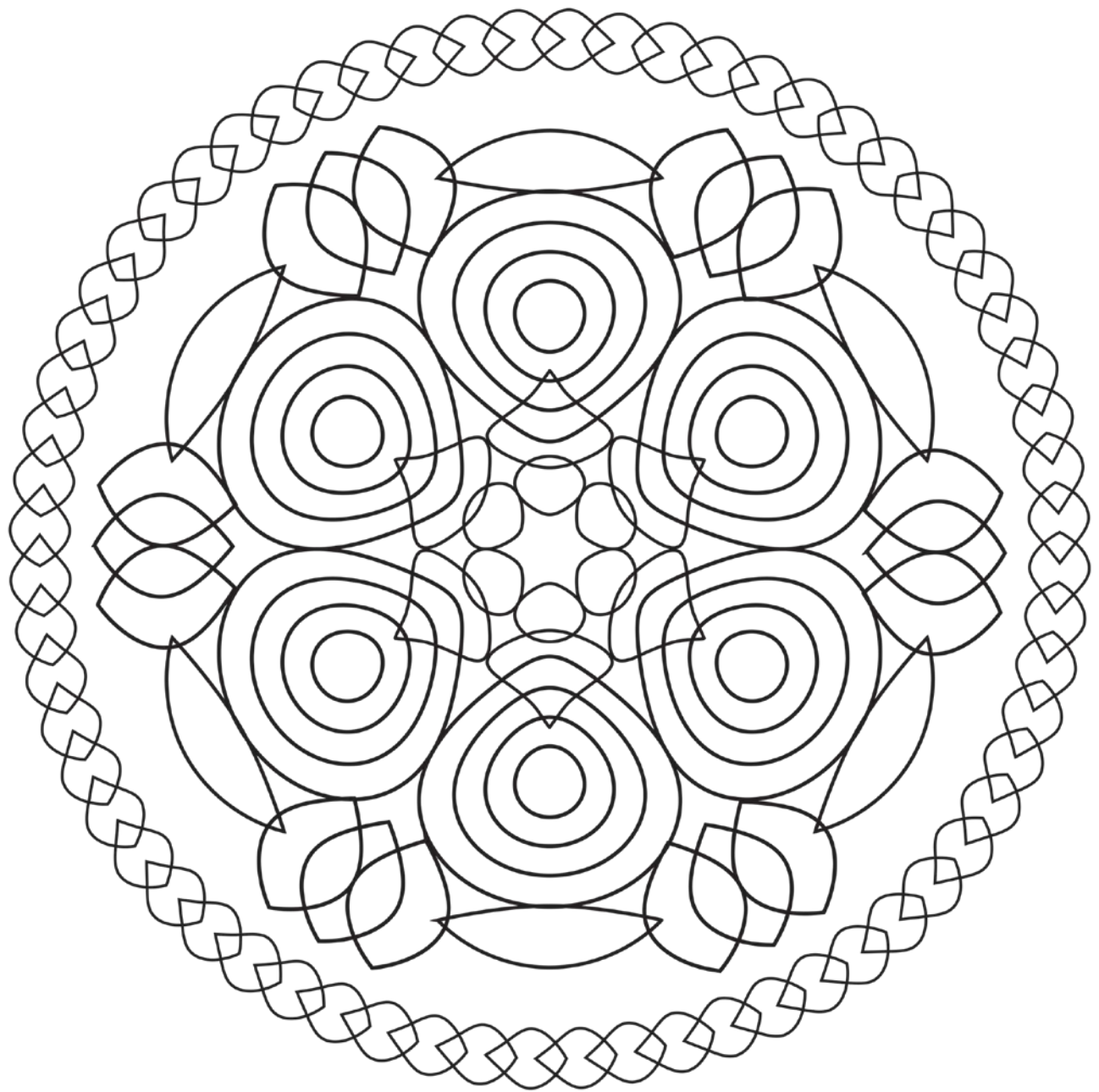


Name: _____



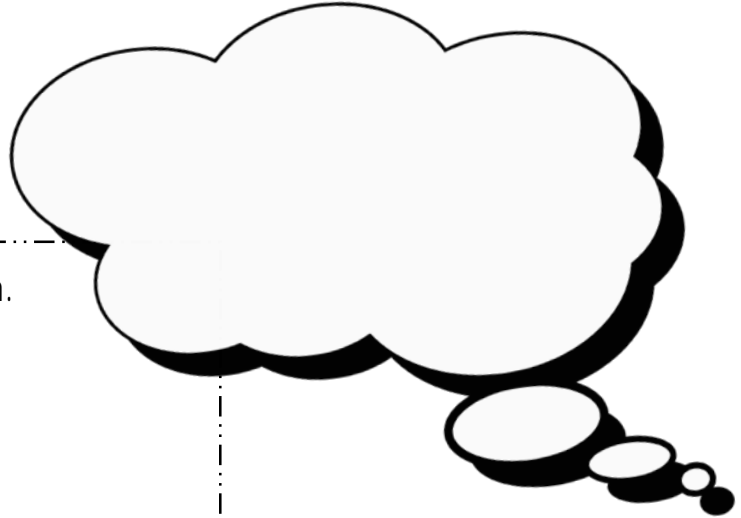
Today is:

Get moving!

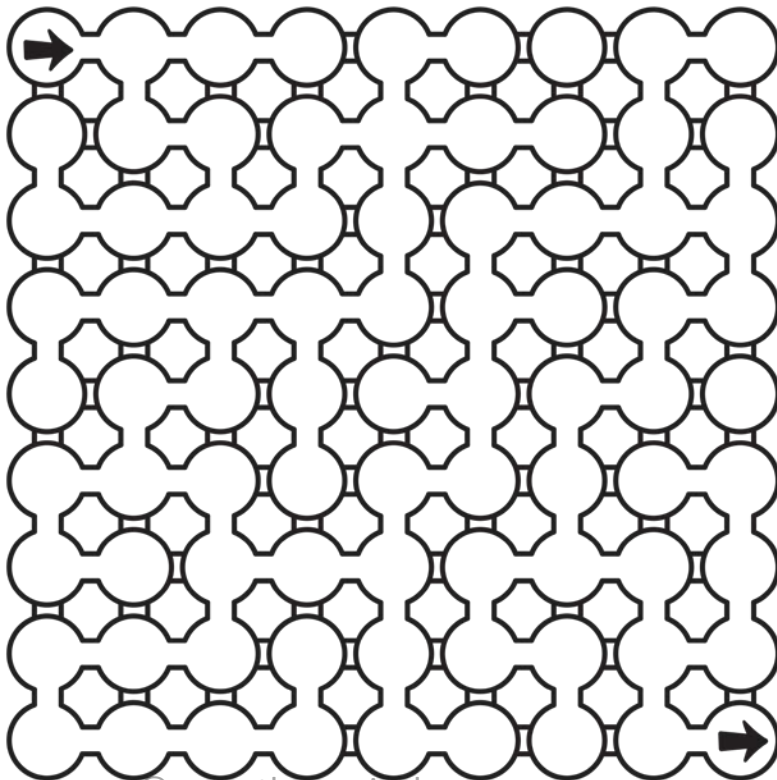
Count by 2s to 100 while doing jumping jacks.

Write and solve a math problem.

What I'm thinking today...



What words could you use to describe the weather today?



Today is:

Get moving!

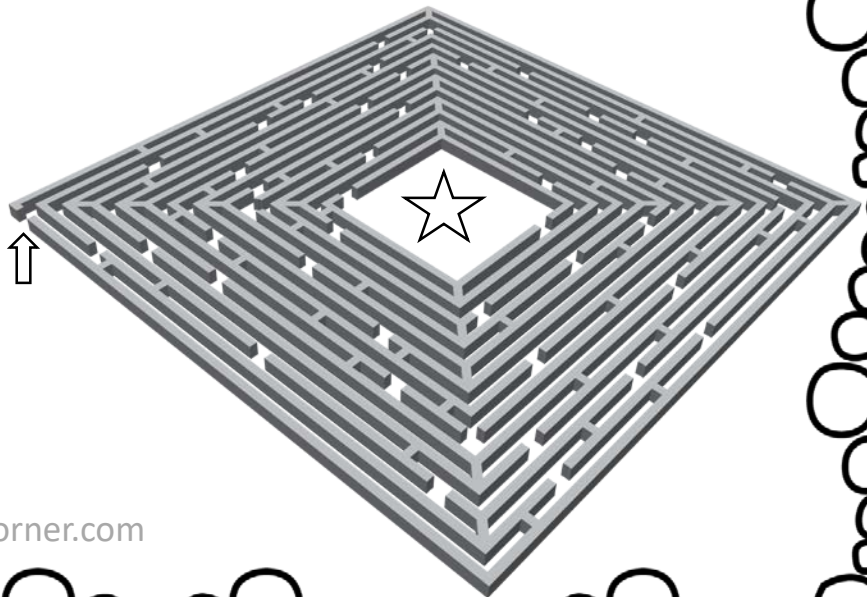
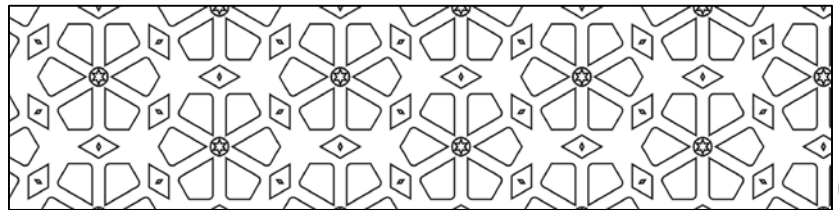
Sit down and stretch out your legs. Bend to touch your toes and hold for a minute.

Write and solve a math problem.

What I'm thinking today...



Make a list of things that are blue.

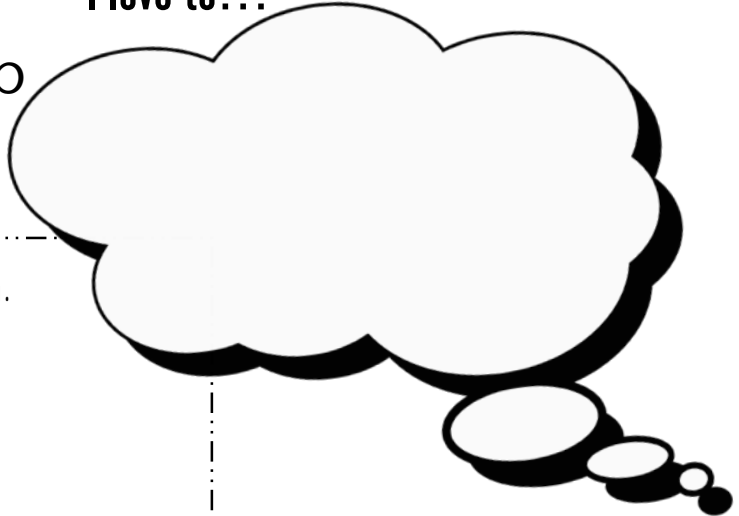


Today is:

Get moving!

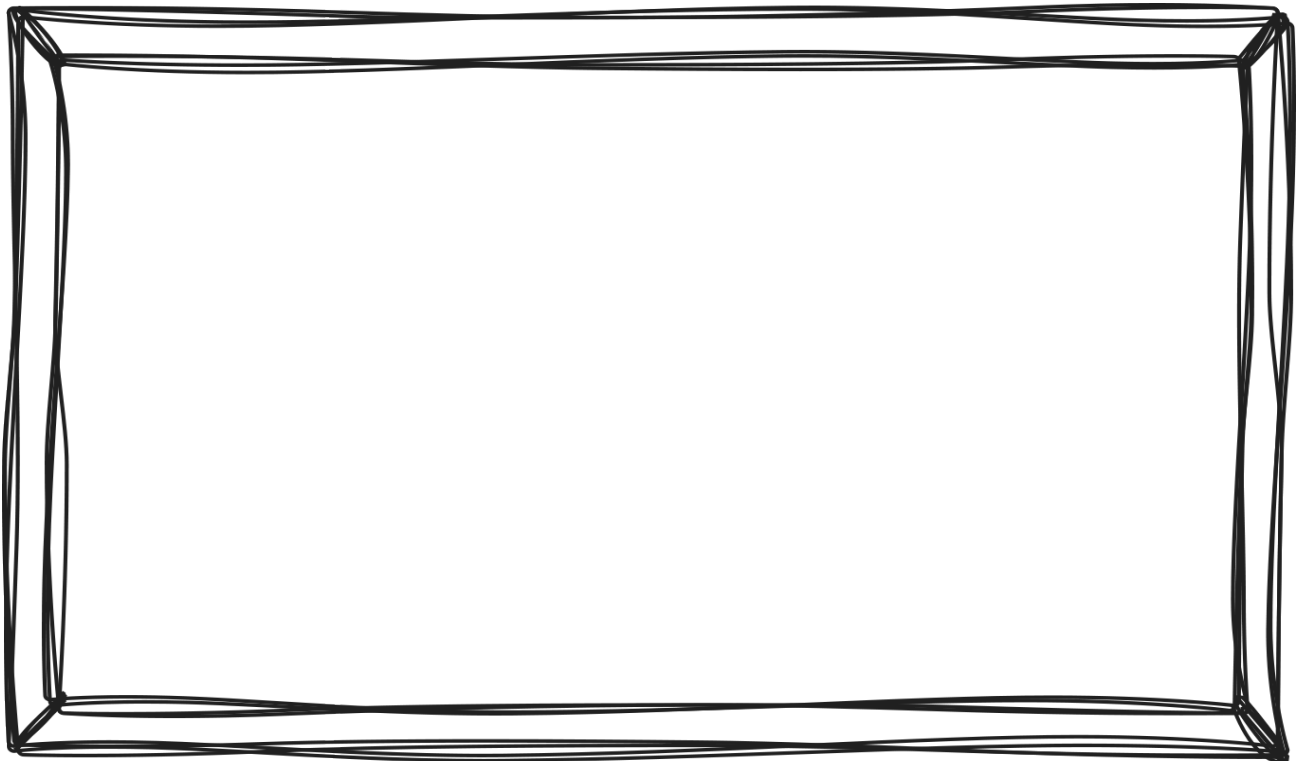
Find a way to get up
and moving for at
least 10 minutes.

I love to...



Write and solve a math problem.

Draw a map to show
how you get to school.



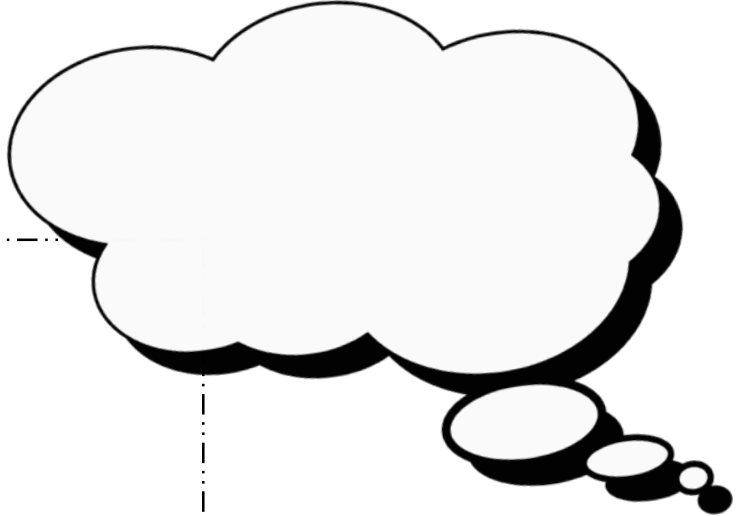
Today is:

Get moving!

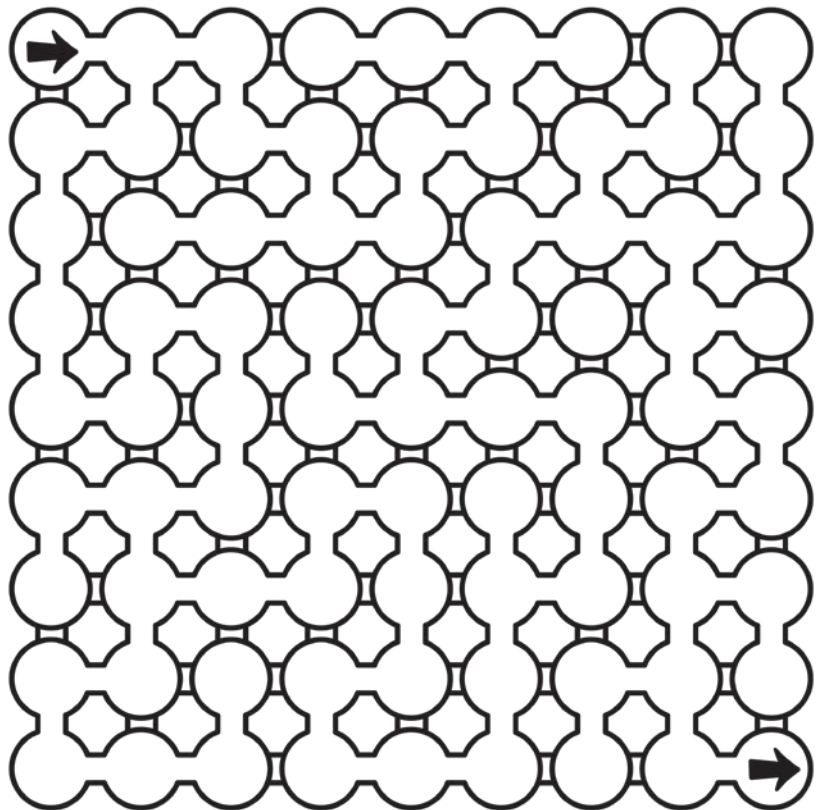
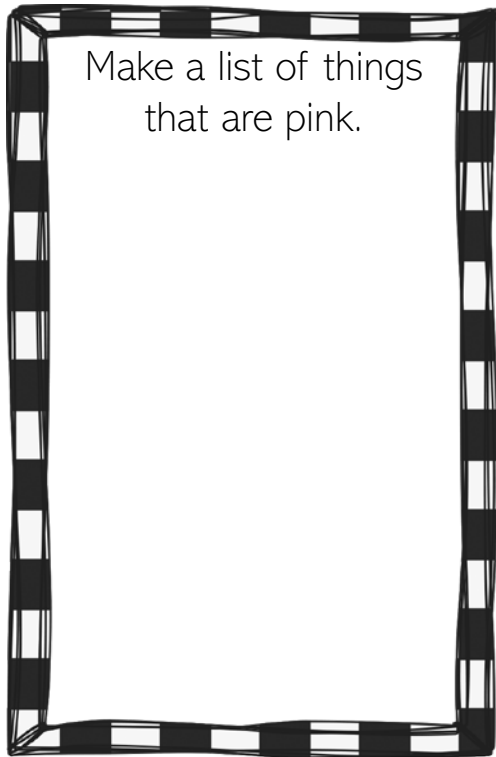
Lie down and pretend
to ride a bicycle with
your legs for two
minutes.

Write and solve a math problem.

What I'm thinking today...



Make a list of things
that are pink.



Today is:

Get moving!

Find a way to get up
and moving for at
least 10 minutes.

Something that makes me happy...



Write and solve a math problem.

Something I do really well is...

Words to describe me...

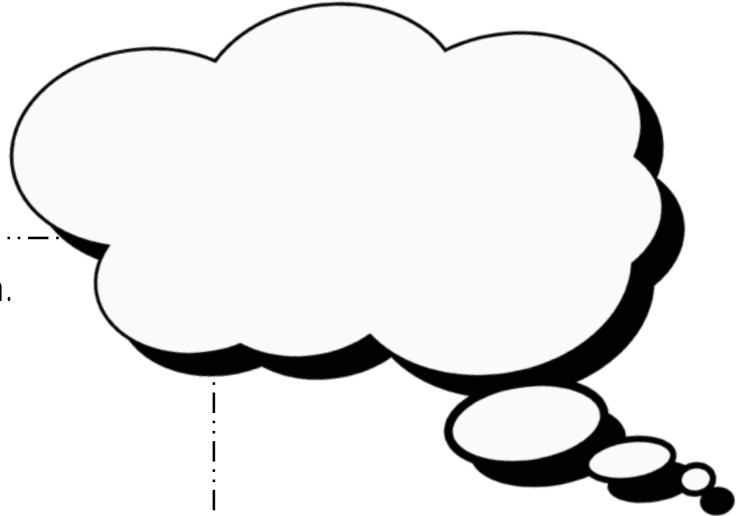
Today is:

Get moving!

Count by 2s to 100 while doing jumping jacks.

Write and solve a math problem.

What I wish I could do today...



Pick an object in your house. Make an observational drawing.
Remember to label your picture.

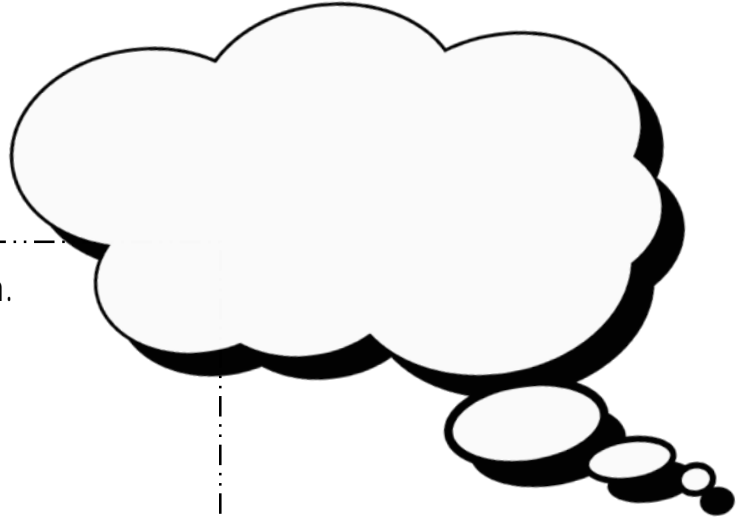
Today is:

Get moving!

Find a clock. Can you run in place for 2 minutes?

Write and solve a math problem.

What I wish I could do today...



Pick an object in your house. Make an observational drawing.
Remember to label your picture.

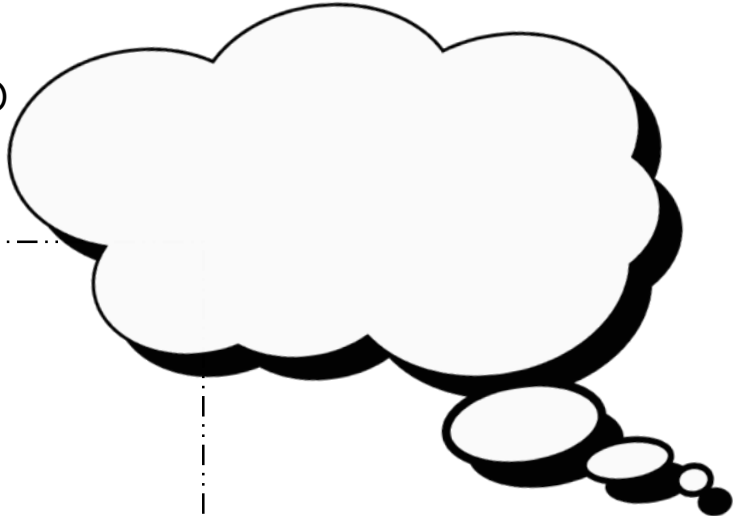
Today is:

Get moving!

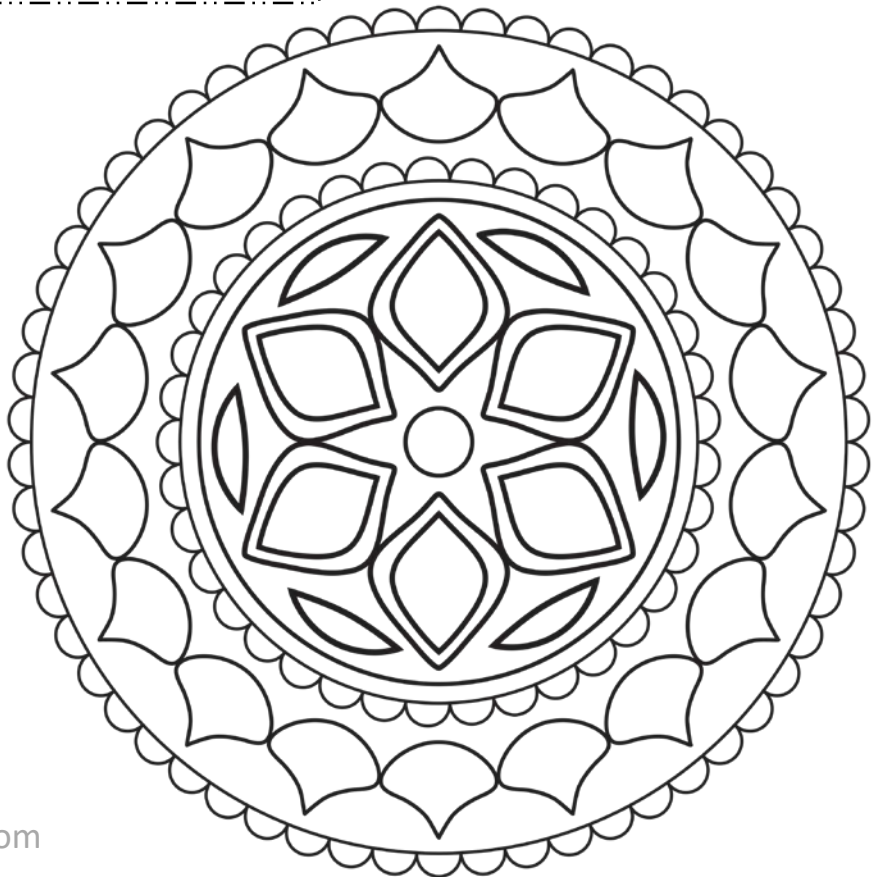
Sit down and stretch out your legs. Bend to touch your toes and hold for a minute.

Write and solve a math problem.

What I'm thinking today...



What animals might you see on a walk through the woods?

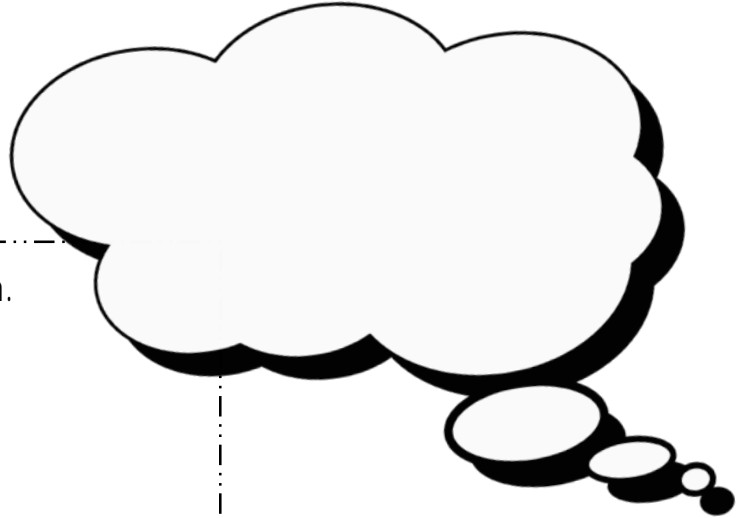


Today is:

Get moving!

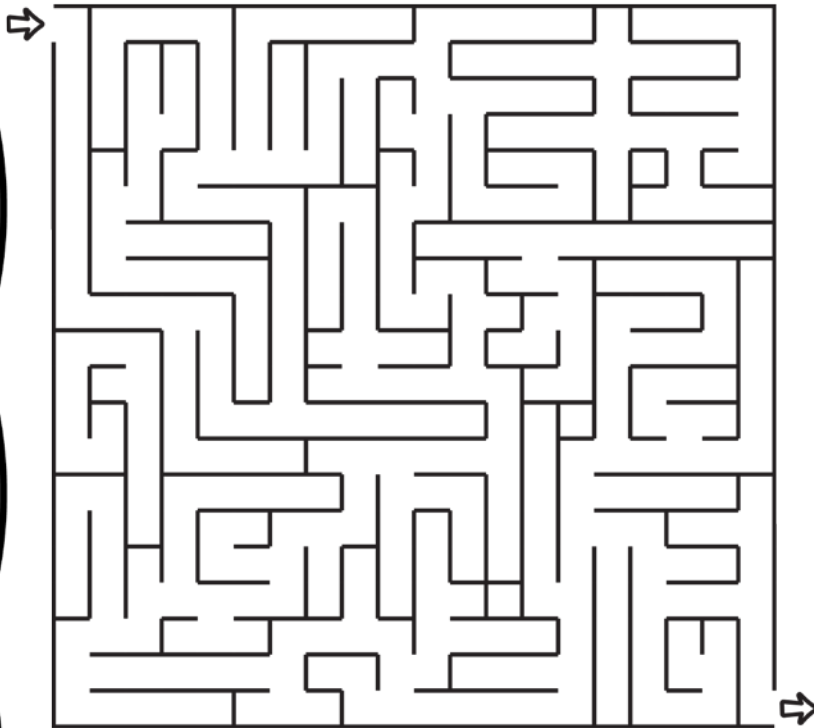
Find a clock. Can you run in place for 2 minutes?

What I'm thinking today...



Write and solve a math problem.

Look out your window. Tell about something you see.



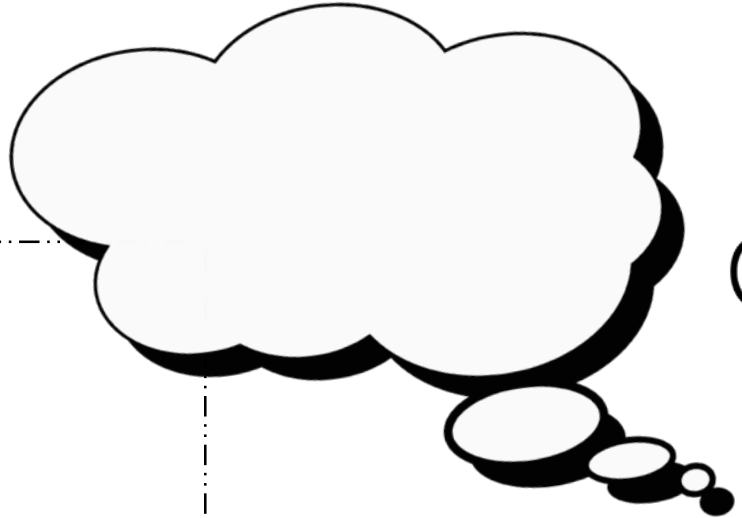
Today is:

Get moving!

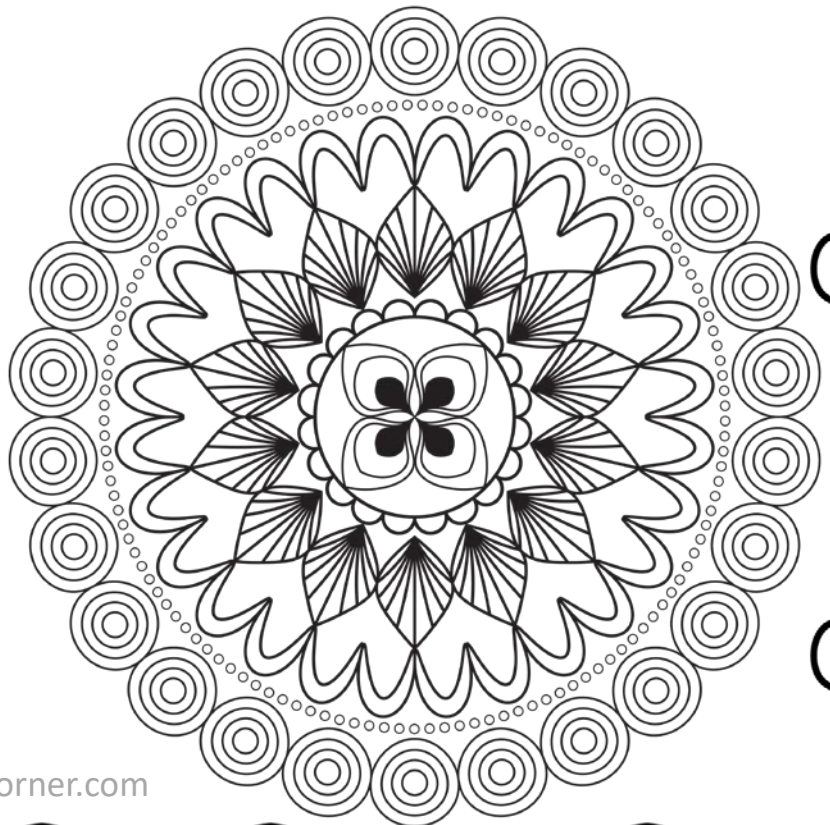
Can you do a plank
for one minute?

Write and solve a math problem.

What I'm thinking today...



Make a list of things
that are green.



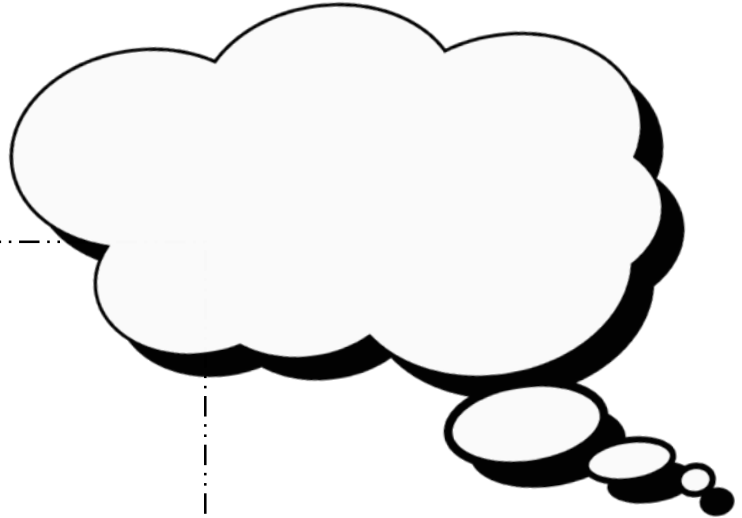
Today is:

Get moving!

**Count by 5s to
100 while you
do sit ups.**

Write and solve a math problem.

What I wish I could do today...



Pick an object in your house. Make an observational drawing.
Remember to label your picture.

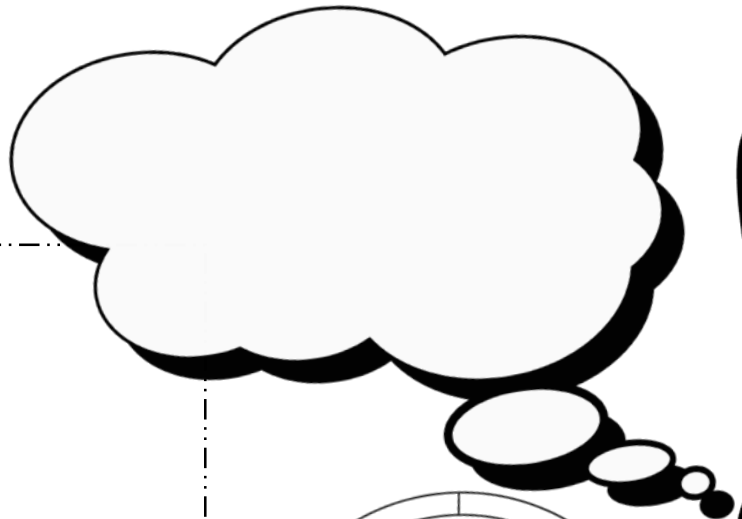
Today is:

Get moving!

Find a timer. Does it take you long to do 20 sit ups or 20 windmills?

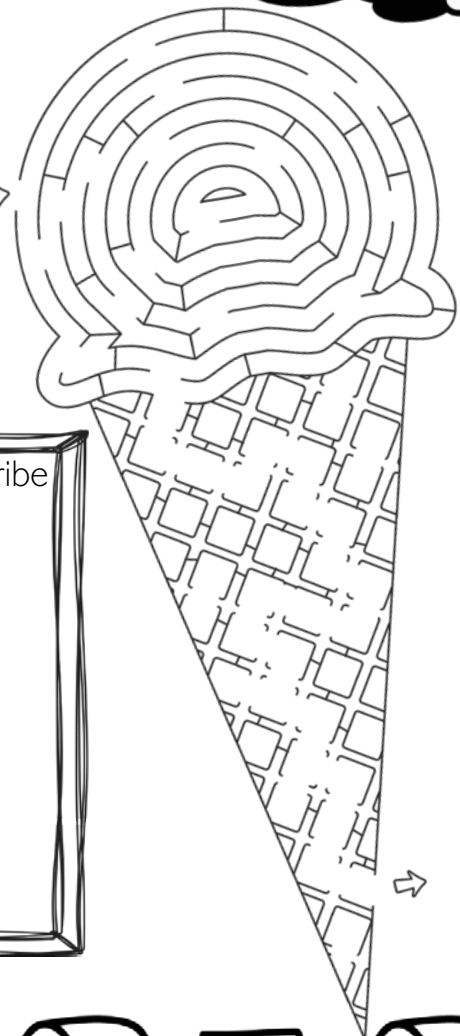
Write and solve a math problem.

My favorite sweet treat is...



How many ice cream flavors can you name?

Adjectives to describe ice cream...

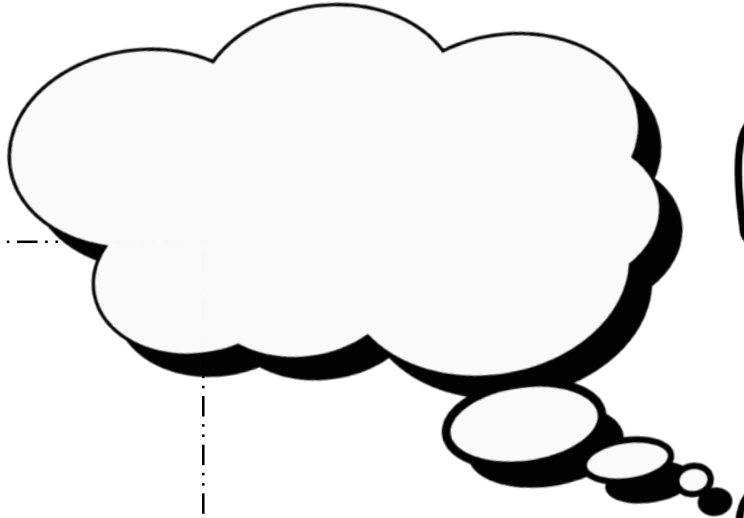


Today is:

Get moving!

Find a way to get up and moving for at least 10 minutes.

Today I can help someone else by...



Write and solve a math problem.

Make a schedule for your day. Write the time and what you will do.

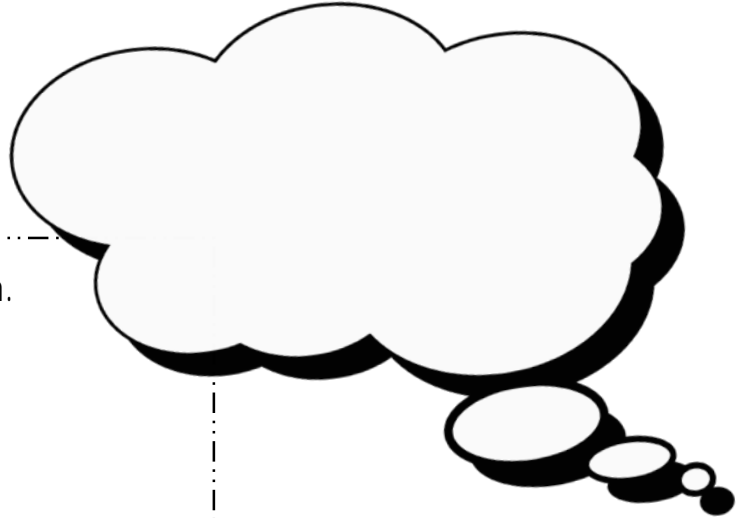
Today is:

Get moving!

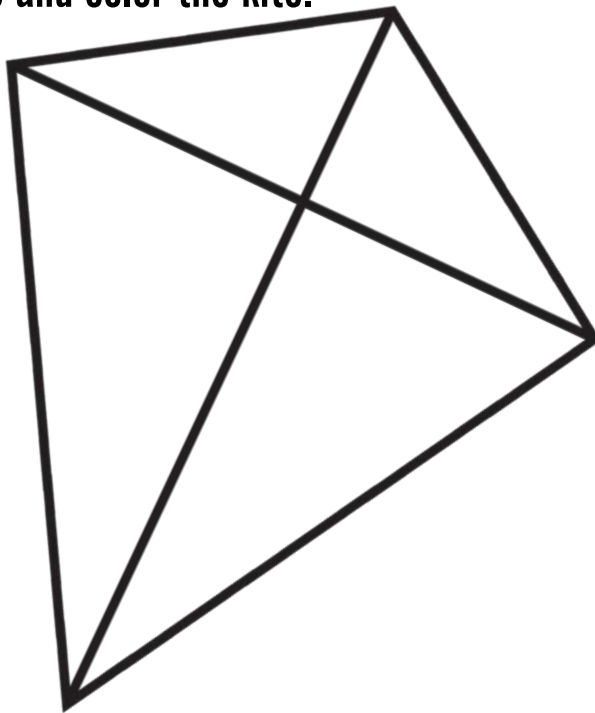
Count by 2s to 100 while doing jumping jacks.

Write and solve a math problem.

My favorite thing to do outside is...



Decorate and color the kite.



What words could you use to describe the perfect weather for flying a kite?

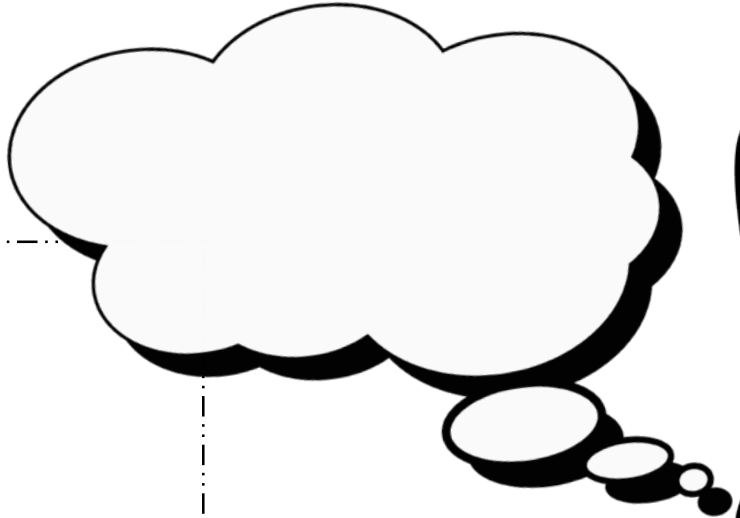
Today is:

Get moving!

Find a timer. Does it take you long to do 20 jumping jacks or 20 windmills?

Write and solve a math problem.

What I wish I could do today...



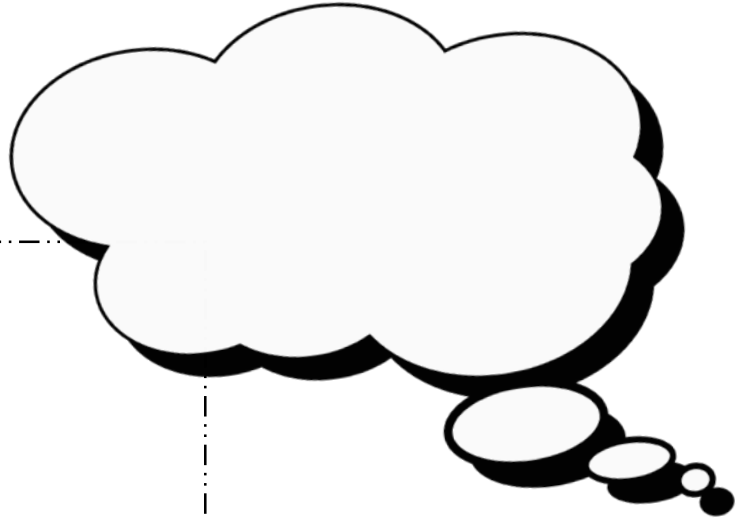
Pick an object in your house. Make an observational drawing.
Remember to label your picture.

Today is:

Get moving!

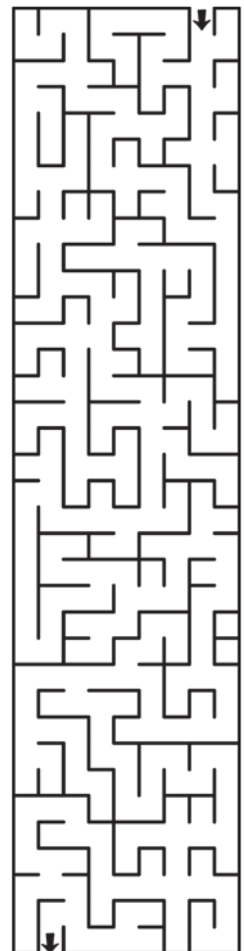
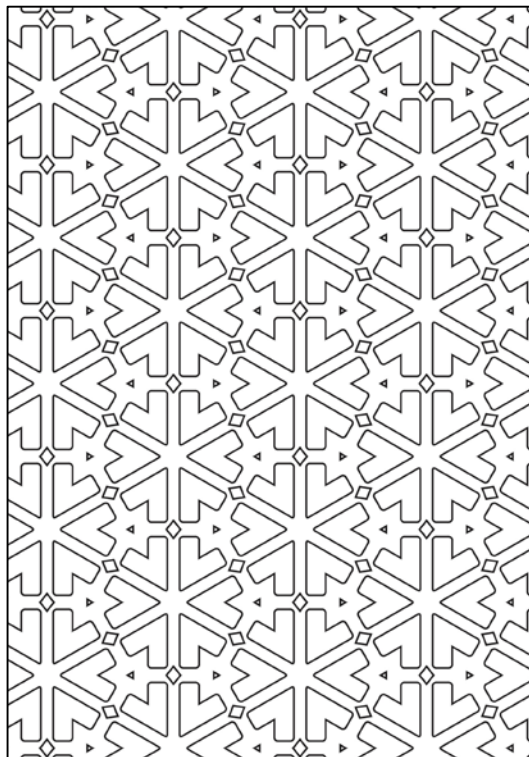
Count by 5s to 100 while you do sit ups.

What I'm thinking today...



Write and solve a math problem.

Make a list of things that are red.



Today is:

Get moving!

Sit down and stretch out your legs. Bend to touch your toes and hold for a minute.

Write and solve a math problem.

What I wish I could do today...



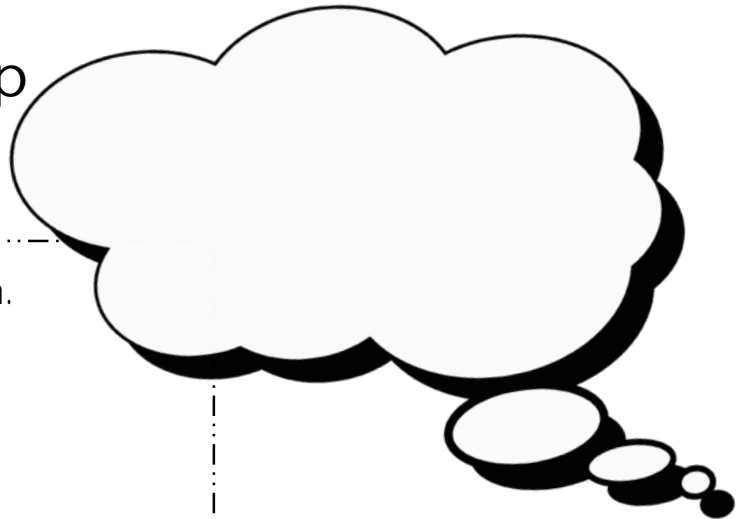
Pick an object in your house. Make an observational drawing.
Remember to label your picture.

Today is:

Get moving!

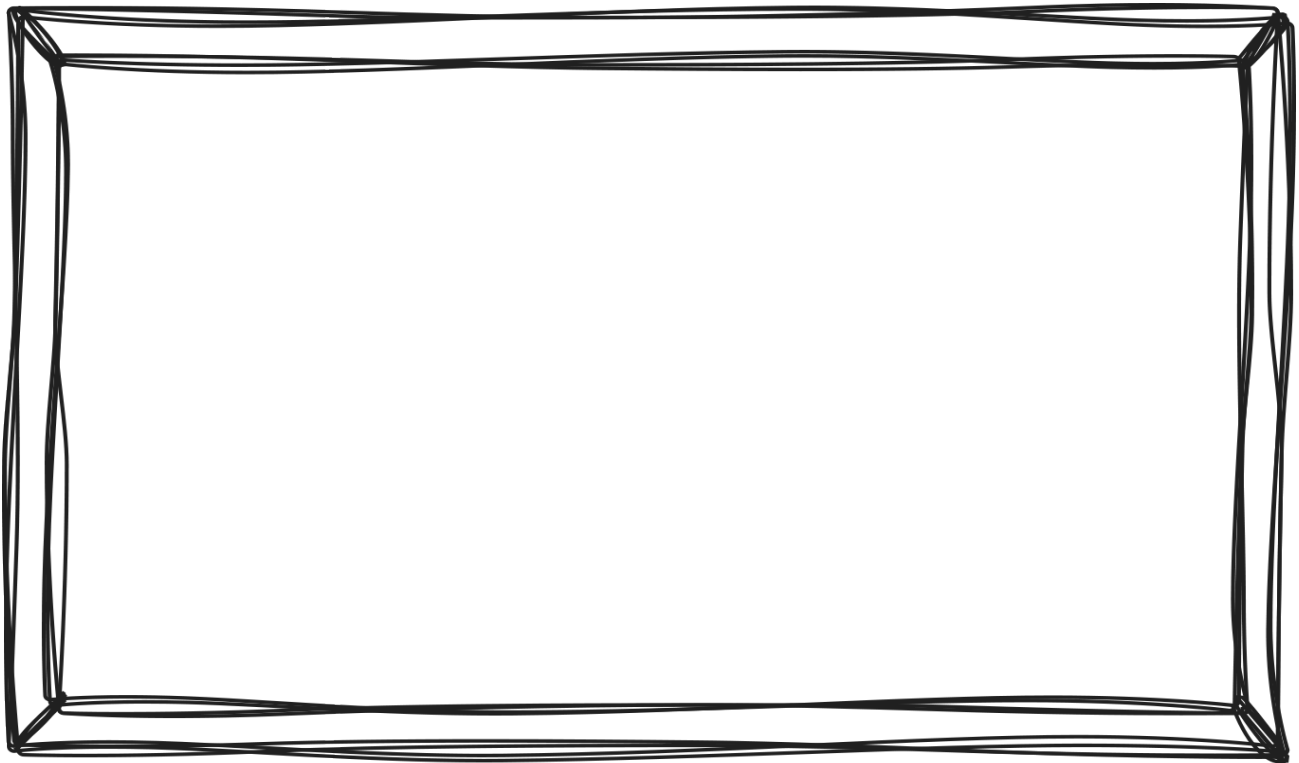
Find a way to get up
and moving for at
least 10 minutes.

I am thankful for...



Write and solve a math problem.

Draw a picture to show what
you see outside your window..



Today is:

Get moving!

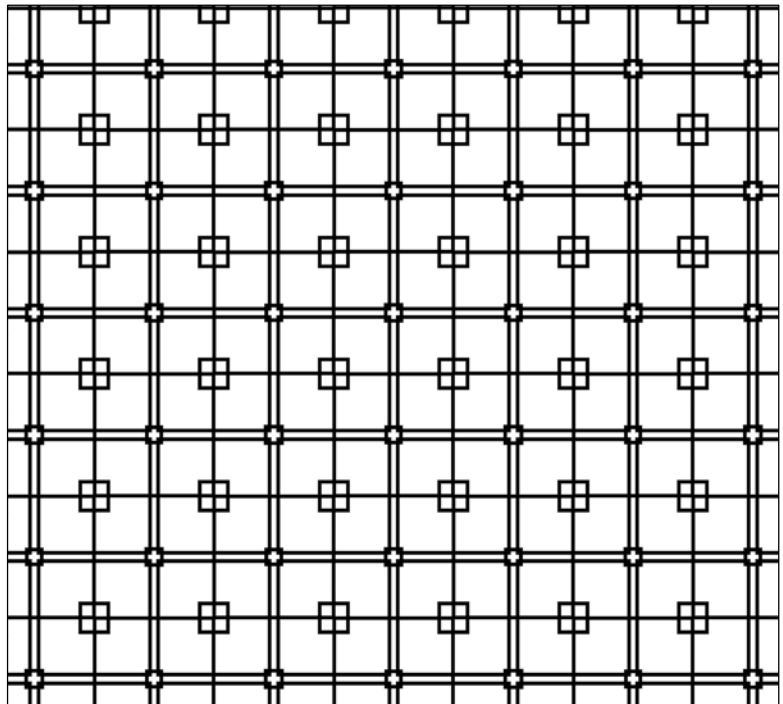
Find a timer. Does it take you longer to do 20 jumping jacks or 20 windmills?

Write and solve a math problem.

What I'm thinking today...



Make a list of things that are orange.



Today is:

Get moving!

Lie down and pretend
to ride a bicycle with
your legs for two
minutes.

Write and solve a math problem.

What I wish I could do today...



Pick an object in your house. Make an observational drawing.
Remember to label your picture.

Today is:

Get moving!

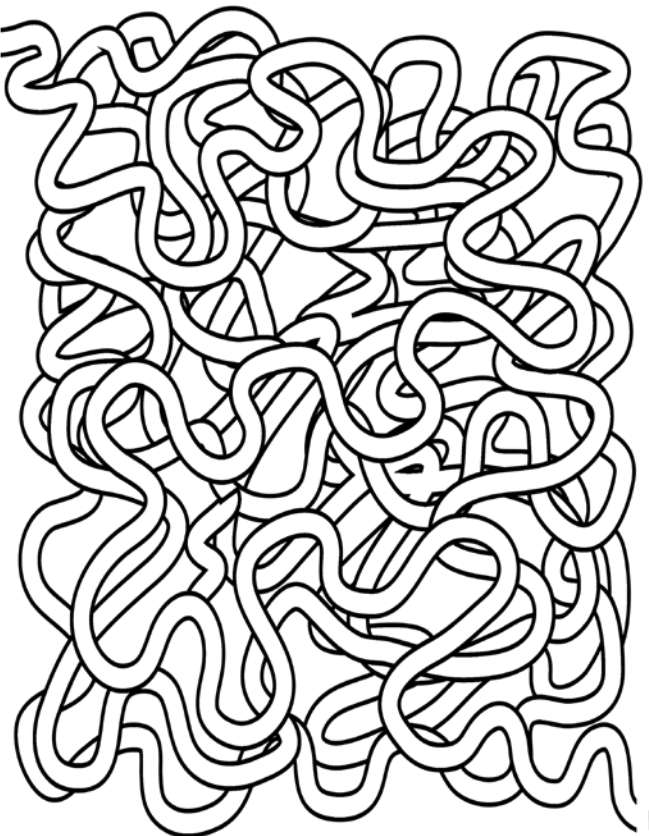
Sit down and stretch out your legs. Bend to touch your toes and hold for a minute.

Write and solve a math problem.

What I wish I could do today...



How many countries can you name?



Today is:

Get moving!

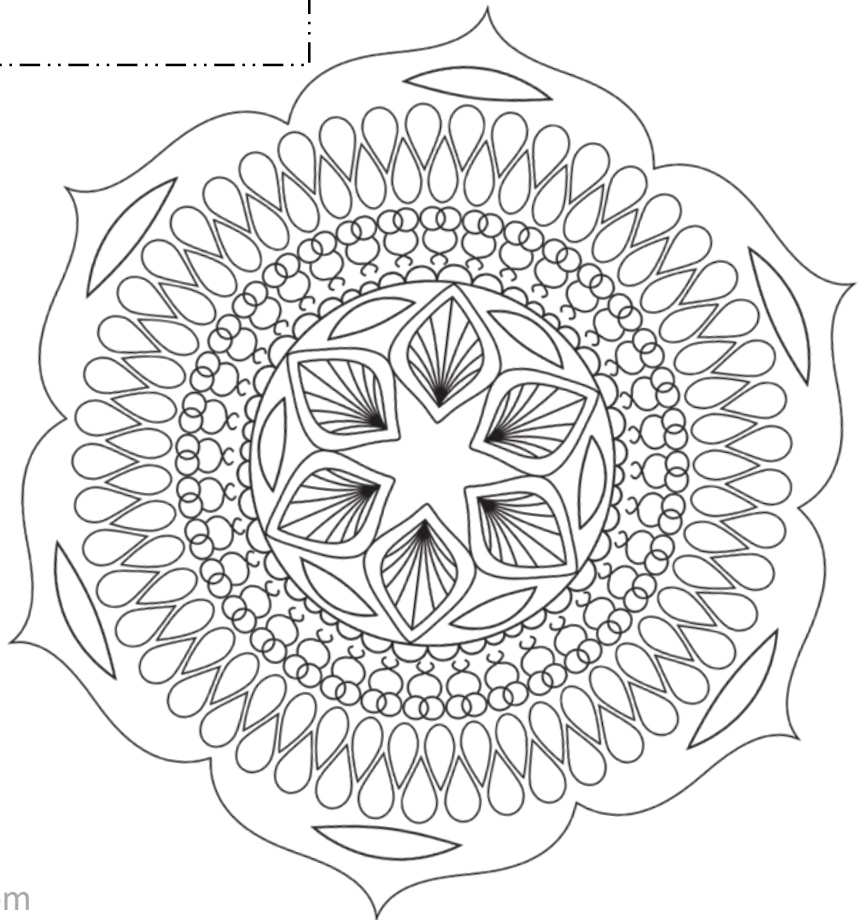
Sit down and stretch
out your legs. Bend to
touch your toes and
hold for a minute.

Write and solve a math problem.

A goal I have for today is...



Someone famous I
admire is...



Today is:

Get moving!

Can you do a plank
for one minute?

Write and solve a math problem.

Make a list of
superheroes...

My superpower would be...



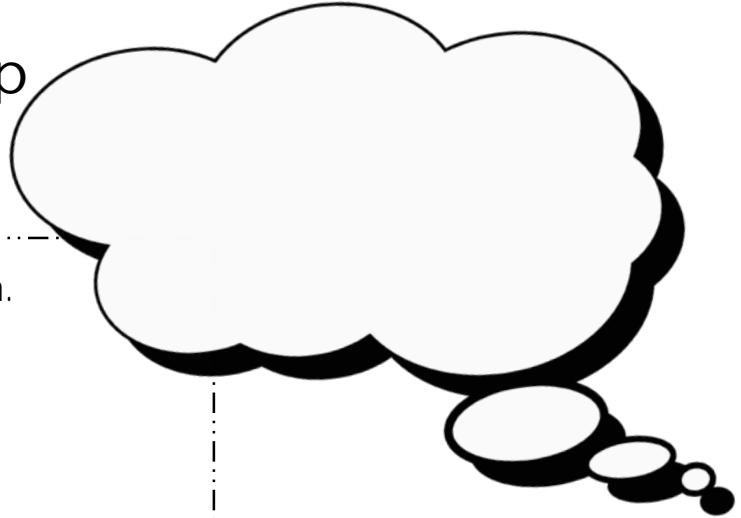
Today is:

Get moving!

Find a way to get up
and moving for at
least 10 minutes.

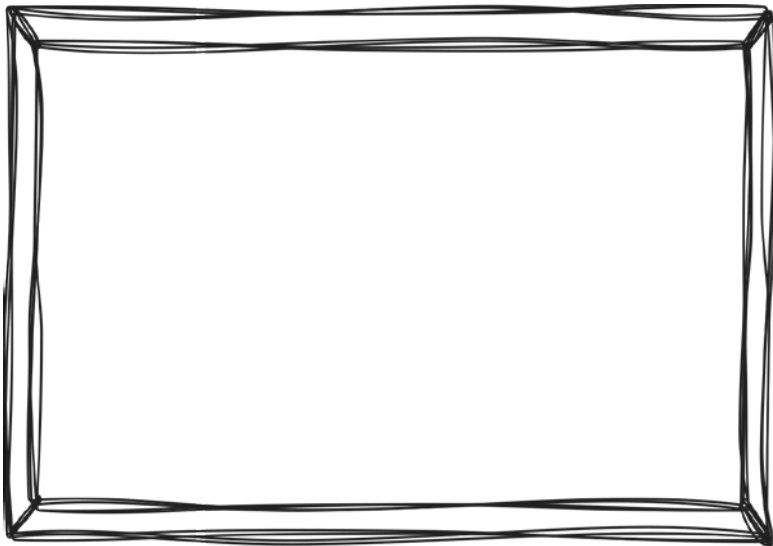
Write and solve a math problem.

My favorite fruit is...

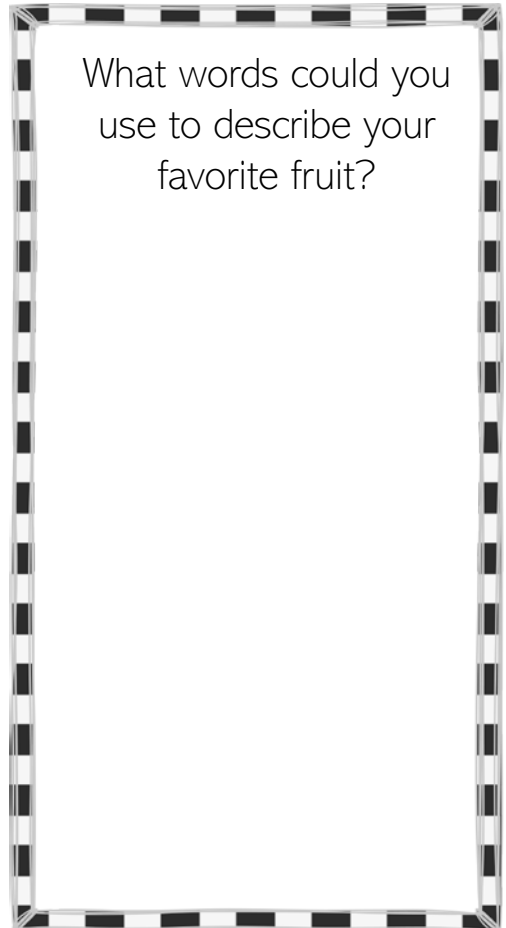


How many words can you make using
the letters from the word:

watermelon



What words could you
use to describe your
favorite fruit?

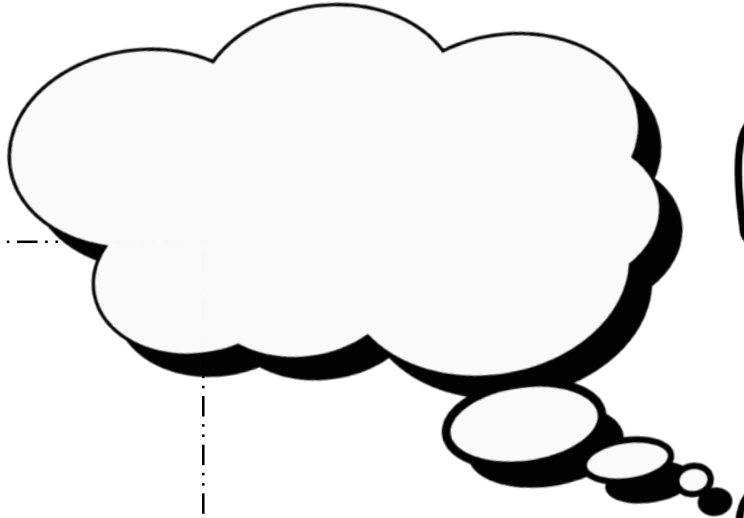


Today is:

Get moving!

Find a way to get up
and moving for at
least 10 minutes.

If I were president, I would...

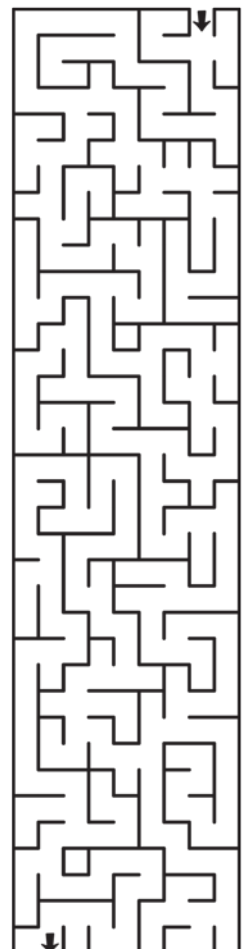


Write and solve a math problem.

A large rectangular area with a dashed border, intended for writing and solving a math problem.

Who is your favorite character from a book?

A large rectangular area with a solid border, intended for drawing or writing the answer to the question 'Who is your favorite character from a book?'.



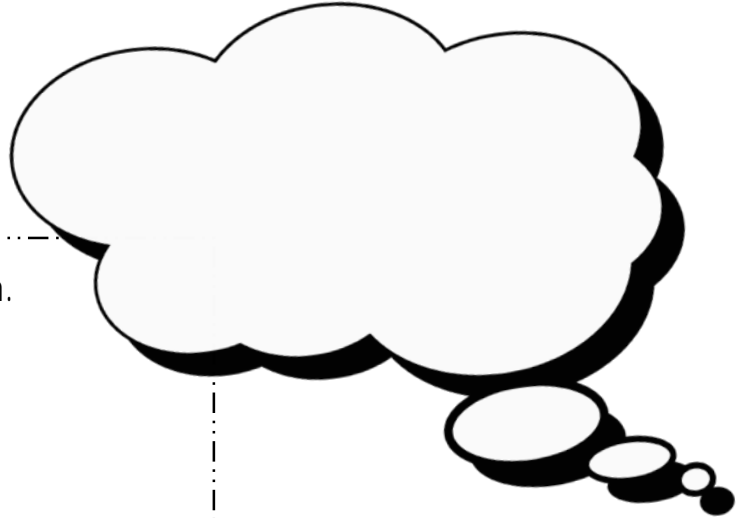
Today is:

Get moving!

Count by 2s to 100 while doing jumping jacks.

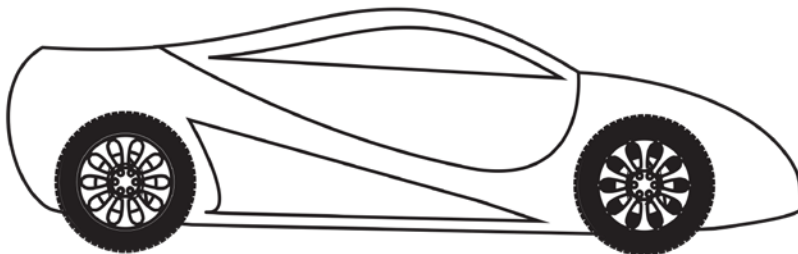
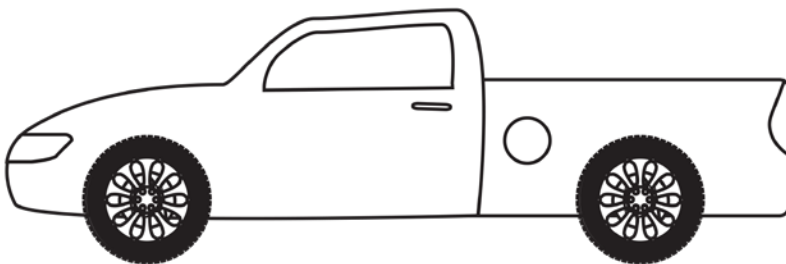
Write and solve a math problem.

If I could have any car, it would be a...



What words could you use to describe cars?

Decorate and color the cars.

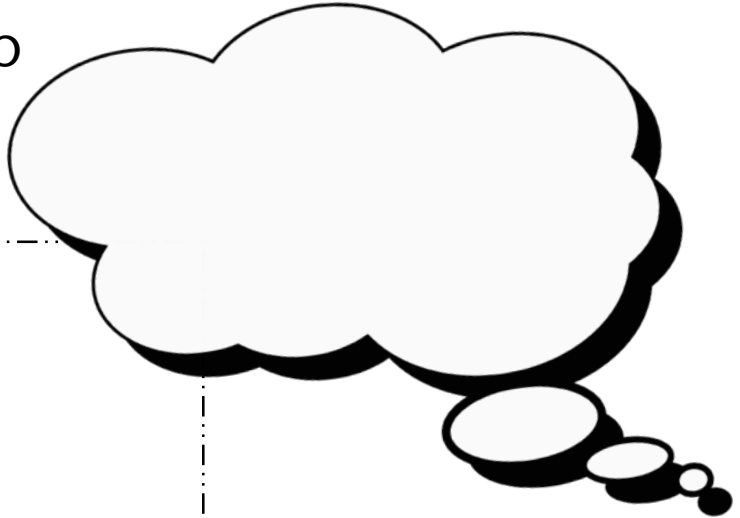


Today is:

Get moving!

Find a way to get up
and moving for at
least 10 minutes.

Something that makes me happy is...



Write and solve a math problem.

A large rectangular area enclosed by a dashed line, intended for a student to write and solve a math problem.

My favorite movie is...

A rectangular area enclosed by a thick, hand-drawn border with a black and white checkered pattern, intended for a student to write their favorite movie.

How many
types of birds
can you name?

A rectangular area enclosed by a hand-drawn border with a 3D effect, intended for a student to list types of birds.

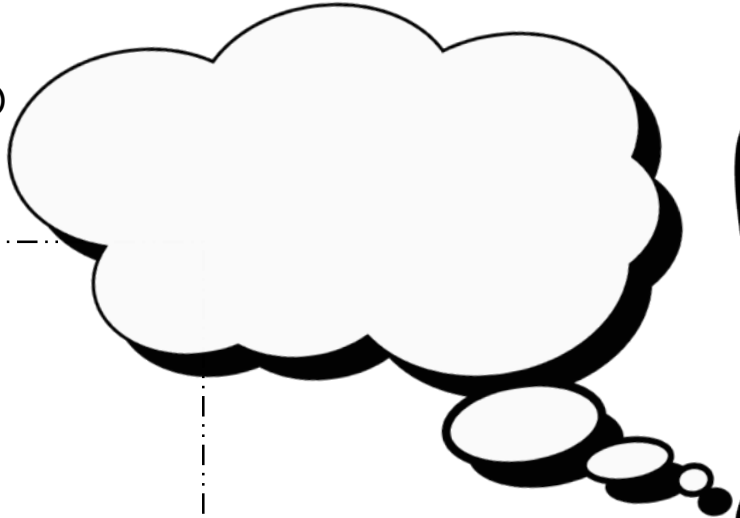
Today is:

Get moving!

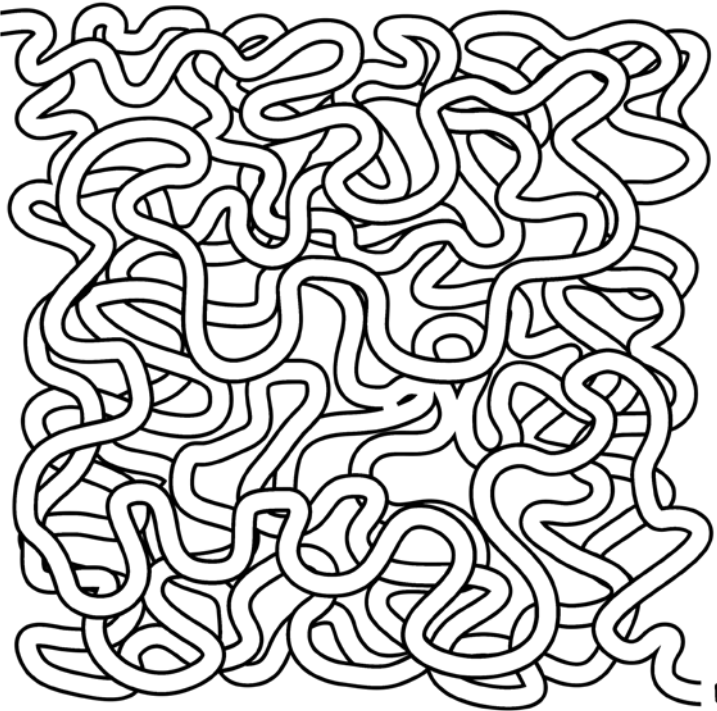
Find a timer. Does it take you longer to do 20 sit ups or 20 windmills?

Write and solve a math problem.

What I'm thinking today...



Make a list of things that are yellow.



Today is:

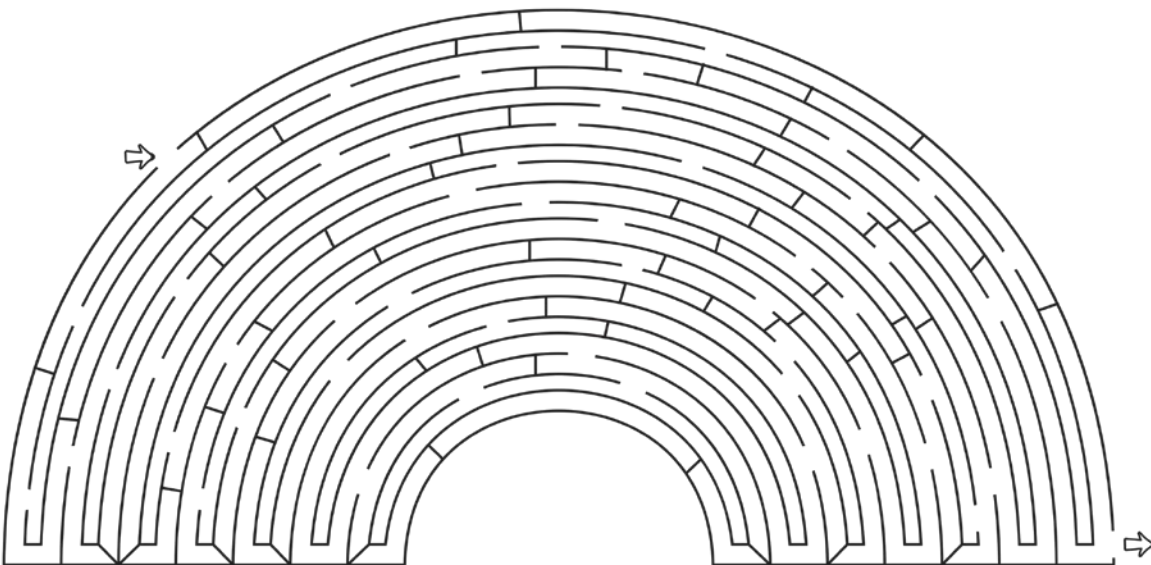
My favorite hobby is...

Get moving!

Find a way to get up
and moving for at
least 10 minutes.

Write and solve a math problem.

Make a list of colors.



Today is:

Get moving!

How will you be
active for at
least 10 minutes?

