

The date is: October 1, 20\_\_

If you see someone without a smile, give them one of yours!  
~Dolly Parton

**Greet a friend!**

What are you most  
looking forward to  
in October?

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts  
warm-up

Write an interrogative  
sentence about  
October.

Math warm-up

Evaluate the expression.  
 $4 \times (10 - 5)$

The date is: October 2, 20\_\_

Create your own sunshine!

Greet a friend!

What is your favorite  
fall activity?

Get moving!

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write the plural of  
each word.

leaf  
inch  
foot

Math warm-up

Write as a numerical  
expression.  
add 5 and 5 and then  
multiply by 7

The date is: October 3, 20\_\_

It's kind of fun to do the impossible.  
~Walt Disney

**Greet a friend!**

Do something nice  
for someone in our  
class.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write a proper noun  
for each.

school  
state  
city

Math warm-up

Write the number  
in expanded form.  
831,078

The date is: October 4, 20\_\_

Life is like riding a bicycle.  
To keep your balance you have to keep moving.  
~Albert Einstein

Greet a friend!

Give a friend a  
compliment.

Get moving!

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts  
warm-up

What verbs might tell  
about a trip to the  
pumpkin patch?

Math warm-up

Write the number in  
word form.  
37,363

The date is: October 5, 20\_\_

Kindness is free. Sprinkle it everywhere!

Greet a friend!

Talk about the  
quote of the day.

Get moving!

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write the past tense  
for each verb.

look

stop

race

Math warm-up

Evaluate the expression.

$$(3 + 5) \times (8 - 5)$$

The date is: October 6, 20\_\_

Flawsome: an individual who embraces their "flaws"  
and knows they're awesome regardless.

**Greet a friend!**

Say good morning to a  
classmate you don't  
talk with often.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write a or an before  
each word.

pumpkin

owl

patch

Math warm-up

Show ways you can make 42?

The date is: October 7, 20\_\_

Don't wish for it. Work for it.

**Greet a friend!**

Say something to a  
classmate to help  
them feel happy.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

**Language Arts**

**warm-up**

Write the phrase using a  
possessive noun.  
the backpack that belongs  
to the boy

**Math warm-up**

How many tens are in 6,492?

The date is: October 8, 20\_\_

If it doesn't make the world better, don't do it.  
~Kid President

**Greet a friend!**

Ask someone how  
their morning has  
been.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

What adjectives could  
you use to describe  
the weather today?

Math warm-up

Write as a numerical  
expression.  
add 8 and 8 and then  
subtract 9

The date is: October 9, 20\_\_

No one is you, and that is your superpower.

~Elyse Santilli

**Greet a friend!**

Make a plan with a classmate to do something for someone else today.

**Get moving!**

Get ready to learn by doing a stretch and quick exercise.

Language Arts

warm-up

Write the plural of each word.

woman

sheep

zoo

Math warm-up

Evaluate the expression.

$$(7 + 7) - (6 - 6)$$

The date is: October 10, 20\_\_

Knowing what's right doesn't mean much unless you do what's right.  
-Franklin Roosevelt

**Greet a friend!**

Ask a friend what  
they are  
currently reading.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write the phrase using  
a possessive noun.  
the football belonging to  
the girl

Math warm-up

Write the number in  
expanded form.  
344,878

The date is: October 11, 20\_\_  
Broken crayons still color.

Greet a friend!

What is something  
positive about  
today?

Get moving!

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write a proper noun  
for each.

book

author

illustrator

Math warm-up

How many thousands are  
in 74,283?

The date is: October 12, 20\_\_

I hope you believe in yourself as much as I believe in you.

**Greet a friend!**

Make someone  
smile.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

**Language Arts**

**warm-up**

Write the past tense of  
each verb.

skip

smile

multiply

**Math warm-up**

Write the number in  
word form.

989,113

The date is: October 13, 20\_\_

What you do today can improve all your tomorrows.

-Ralph Marston

**Greet a friend!**

Talk about the  
quote of the day.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write a or an before  
each word.

tree

leaf

apple

Math warm-up

Write as a numerical  
expression.

add 5 and 2 and then  
multiply by 8

The date is: October 14, 20\_\_

It's not what happens to you, but how you react to it that matters.  
~Epictetus

**Greet a friend!**

Do something kind  
for someone in our  
class.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Make a list of adjectives  
you might use when  
describing a pumpkin.

Math warm-up

Show ways to make 63.

The date is: October 15, 20\_\_

The only way to get what you want in this world is through hard work.  
~Tianna, Princess & The Frog

Greet a friend!

Give a neighbor a  
compliment.

Get moving!

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write the phrase using a  
possessive noun.  
the leaves from the  
tree

Math warm-up

Evaluate the expression.  
 $8 \times (25 \div 5)$

The date is: October 16, 20\_\_

A little progress each day adds up to big results.

**Greet a friend!**

Ask a neighbor  
about their  
morning.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

**Language Arts**

**warm-up**

Write the past tense  
of each verb.

clap  
share  
hurry

**Math warm-up**

Write the number in  
expanded form.

674,564

The date is: October 17, 20\_\_

Kindness is a gift everyone can afford to give.

Greet a friend!

Tell a neighbor  
about your  
favorite song.

Get moving!

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write the plural of  
each word.

monkey

party

ox

Math warm-up

Write the number in  
word form.

878,005

The date is: October 18, 20\_\_

This is the beginning of anything you want.

### Greet a friend!

Ask a neighbor about what they plan to do after school today.

### Get moving!

Get ready to learn by doing a stretch and quick exercise.

Language Arts

warm-up

Write a proper noun for each.

restaurant

month

day

Math warm-up

Write as a numerical expression.

add 10 and 10 and then

multiply by 9

The date is: October 19, 20\_\_

You have the power to change the world. Use it to make a difference.

**Greet a friend!**

Talk about the  
quote of the day.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

What adjectives could you  
use to describe a tree in  
fall?

Math warm-up

How many tens are in 5,273?

The date is: October 20, 20\_\_

We all make mistakes.

Don't let that be the reason you give up on someone.

**Greet a friend!**

Say something nice to someone to start their day in a positive way.

**Get moving!**

Get ready to learn by doing a stretch and quick exercise.

Language Arts  
warm-up

Write a or an  
before each word.

pumpkin

owl

patch

Math warm-up

How many thousands are  
in 65,472?

The date is: October 21, 20\_\_

Like so many things, it is not what is outside but what is inside that counts.  
~Aladdin

**Greet a friend!**

Ask a friend what they are reading.

**Get moving!**

Get ready to learn by doing a stretch and quick exercise.

Language Arts

warm-up

Write a sentence using the following words:

pumpkin

bumpy

chose

Math warm-up

Evaluate the expression.

$$7 + (8 \times 8)$$

The date is: October 22, 20\_\_

Creativity is contagious, pass it on.  
-Albert Einstein

**Greet a friend!**

Ask a friend about  
their weekend  
plans.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

**Language Arts**

**warm-up**

Write the phrase using a  
possessive noun.  
the tractor that belongs  
to the farmer

**Math warm-up**

Write the number in  
expanded form.  
787,009

The date is: October 23, 20\_\_

Be silly. Be honest. Be kind.  
~Ralph Waldo Emerson

## Greet a friend!

Work with a friend  
to do something nice  
for someone else.

## Get moving!

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write the past tense of  
each verb.

run  
study  
carry

Math warm-up

Write the number  
in word form.

561,729

The date is: October 24, 20\_\_

The best things in life aren't things.

**Greet a friend!**

Talk about the  
quote of the day.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

**Language Arts**

**warm-up**

Write a proper noun  
for each.

country  
store  
street

**Math warm-up**

Show ways to make 64.

The date is: October 25, 20\_\_

Surround yourself with only people who are going to lift you higher.  
~Oprah

**Greet a friend!**

Say something nice  
to another person.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write the plural of  
each word.

child

elf

mouse

Math warm-up

How many tens are in 849?

The date is: October 26, 20\_\_

Everyone is a reader... some just haven't found their favorite book yet.

**Greet a friend!**

Help a friend find a new favorite book.

**Get moving!**

Get ready to learn by doing a stretch and quick exercise.

Language Arts

warm-up

Write the phrase using a possessive noun.  
the pumpkin that belongs to the class

Math warm-up

How many thousands are in 75,274?

The date is: October 27, 20\_\_

Know this: you can start over each morning.

**Greet a friend!**

Ask a friend what  
they had for  
breakfast.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

What adjectives could  
describe a pumpkin?

Math warm-up

Write the number in  
expanded form.

224,767

The date is: October 28, 20\_\_

Make today so awesome yesterday is jealous.

**Greet a friend!**

Ask a friend for a  
movie  
recommendation.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts  
warm-up

Write a sentence using  
the following words:  
spooky  
night

Math warm-up

Evaluate the expression.  
 $(10 + 4) + (7 - 2)$

The date is: October 29, 20\_\_

It's not how many times you get knocked down,  
it's how many times you get back up.

**Greet a friend!**

Do something kind  
for someone in our  
class.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write an exclamatory  
sentence about pumpkins.

Math warm-up

Write as a numerical  
expression.  
add 9 and 9 and then  
multiply by 3

The date is: October 30, 20\_\_

If the words you spoke appeared on your skin...  
would you still be beautiful?

**Greet a friend!**

Talk about the  
quote of the day.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts

warm-up

Write a or an before  
each word.

house

umbrella

egg

Math warm-up

How many tens are in 7,452?

The date is: October 31, 20\_\_

The greatest risk any of us will take, it to be seen as we are.  
-Cinderella

**Greet a friend!**

Share your  
favorite October  
memory.

**Get moving!**

Get ready to learn  
by doing a stretch  
and quick exercise.

Language Arts  
warm-up

What adjectives could  
describe a spooky  
night?

Math warm-up

Show ways to make 31.