

The date is: January 1, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

the
of
and

Math warm-up

Show the number.
five

The date is: January 2, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunge

Reading warm-up

a
to
in

Math warm-up

Show the number.
ten

The date is: January 3, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

is
you
that

Math warm-up

Show the number
eleven.

The date is: January 4, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

it
he
was

Math warm-up

Show the number.
twelve

The date is: January 5, 20__

The day of the week is:

Monday

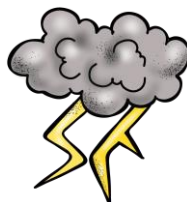
Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

for
on
are

Math warm-up

Show the number.
thirteen

The date is: January 6, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

as
with
his

Math warm-up

Show the number.
fourteen

The date is: January 7, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

they

I

at

Math warm-up

Show the number.
fifteen

The date is: January 8, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunges

Reading warm-up

be
this
have

Math warm-up

Show the number.
sixteen

The date is: January 9, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



planks

Reading warm-up

from
or
one

Math warm-up

Show the number.
seventeen

The date is: January 10, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

had
by
words

Math warm-up

Show the number.
eighteen

The date is: January 11, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

but
not
what

Math warm-up

Show the number.
nineteen

The date is: January 12, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

all
were
we

Math warm-up

Show the number.
twenty

The date is: January 13, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

when
your
can

Math warm-up

Draw a circle.

The date is: January 14, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

said
there
use

Math warm-up

Draw a square.

The date is: January 15, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg raises

Reading warm-up

an
each
which

Math warm-up

Draw a rectangle.

The date is: January 16, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

she
do
how

Math warm-up

Draw a triangle.

The date is: January 17, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

their
if
will

Math warm-up

What number
comes next?
5, 6, 7, 8, _

The date is: January 18, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunges

Reading warm-up

up
other
about

Math warm-up

What number
comes next?
7, 8, 9, 10, --

The date is: January 19, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

out
many
then

Math warm-up

What number
comes next?
13, 14, 15, 16, ..

The date is: January 20, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

them
these
so

Math warm-up

Draw 4 snowflakes.

The date is: January 21, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

some
her
would

Math warm-up

Draw 7 snowflakes.

The date is: January 22, 20__

The day of the week is:

Monday

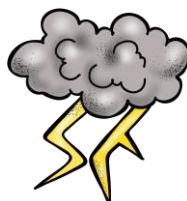
Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg raises

Reading warm-up

make
like
him

Math warm-up

Draw 8 snowflakes.

The date is: January 23, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

into
time
has

Math warm-up

Draw 10 snowflakes.

The date is: January 24, 20__

The day of the week is:

Monday

Tuesday

Wednesday

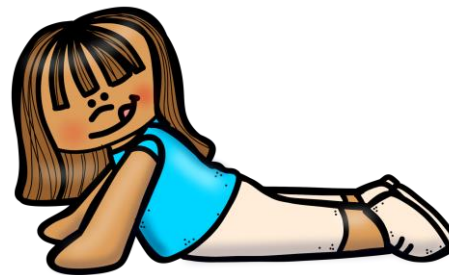
Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

look
two
more

Math warm-up

$3 + 3 =$

The date is: January 25, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

go
see
number

Math warm-up

$$4 + 4 =$$

The date is: January 26, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

no
way
could

Math warm-up

$$5 + 5 =$$

The date is: January 27, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

people
my
than

Math warm-up

$$6 + 6 =$$

The date is: January 28, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

first
water
been

Math warm-up

$$7 + 7 =$$

The date is: January 29, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

called
who
am

Math warm-up

$4 + 2 =$

The date is: January 30, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

its
not
find

Math warm-up

$5 + 3 =$

The date is: January 31, 20__

The day of the week is:

Monday

Tuesday

Wednesday

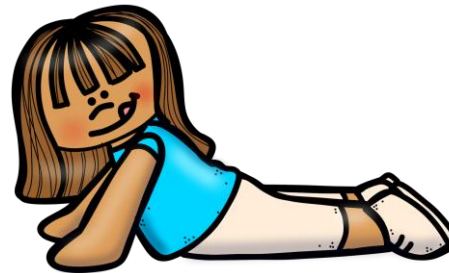
Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

long
down
day

Math warm-up

$5 + 5 =$