

The date is: October 1, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

the
of
and

Math warm-up

What number
comes next?
1, 2, 3, 4, __

The date is: October 2, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

a
to
in

Math warm-up

What number
comes next?
3, 4, 5, 6, __

The date is: October 3, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunge

Reading warm-up

is
you
that

Math warm-up

What number
comes next?
6, 7, 8, 9, __

The date is: October 4, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

it
he
was

Math warm-up

Draw a circle.

The date is: October 5, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

for
on
are

Math warm-up

Draw a square.

The date is: October 6, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

as
with
his

Math warm-up

Draw a triangle.

The date is: October 7, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

they

I

at

Math warm-up

$$3 + 1 =$$

The date is: October 8, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunges

Reading warm-up

be
this
have

Math warm-up

$$2 + 2 =$$

The date is: October 9, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



planks

Reading warm-up

from

or

one

Math warm-up

$$5 + 5 =$$

The date is: October 10, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

had
by
words

Math warm-up

$3 + 3 =$

The date is: October 11, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

but
not
what

Math warm-up

$$4 + 4 =$$

The date is: October 12, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

all
were
we

Math warm-up

$5 - 2 =$

The date is: October 13, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

when
your
can

Math warm-up

$$4 - 4 =$$

The date is: October 14, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

said
there
use

Math warm-up

$3 - 0 =$

The date is: October 15, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg raises

Reading warm-up

an
each
which

Math warm-up

$2 - 1 =$

The date is: October 16, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

she
do
how

Math warm-up

Count by 5s.
5, 10, __, __

The date is: October 17, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

their
if
will

Math warm-up

Count by 10s.
10, 20, ____, ____

The date is: October 18, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunges

Reading warm-up

up
other
about

Math warm-up

Count by 2s.
2, 4, __, __

The date is: October 19, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

out
many
then

Math warm-up

Draw 3 leaves.

The date is: October 20, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

them

these

so

Math warm-up

Count backwards
from 10 to 0.

The date is: October 21, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

some
her
would

Math warm-up

Show 2.

The date is: October 22, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg raises

Reading warm-up

make

like

him

Math warm-up

Show 3.

The date is: October 23, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

into
time
has

Math warm-up

Show 4.

The date is: October 24, 20__

The day of the week is:

Monday

Tuesday

Wednesday

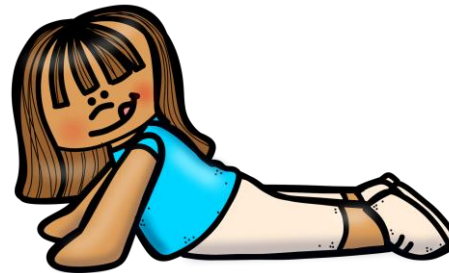
Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

look

two

more

Math warm-up

Show 5.

The date is: October 25, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

write

go

see

Math warm-up

Show 6.

The date is: October 26, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

number

no

way

Math warm-up

Show 7.

The date is: October 27, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

could
people
my

Math warm-up

Show 8.

The date is: October 28, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

than
first
water

Math warm-up

Show 9.

The date is: October 29, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

been
called
who

Math warm-up

Show 10.

The date is: October 30, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

am

its

now

Math warm-up

Draw 2 pumpkins.

The date is: October 31, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

pumpkin
fall

Math warm-up

Draw 4 pumpkins.