

The date is: September 1, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

the
of
and

Math warm-up

Show the number.
one

The date is: September 2, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunge

Reading warm-up

a

to

in

Math warm-up

Show the number.

two

The date is: September 3, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

is
you
that

Math warm-up

Show the number.
three

The date is: September 4, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

it
he
was

Math warm-up

Show the number.
four

The date is: September 5, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

for
on
are

Math warm-up

Show the number.
five

The date is: September 6, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

as
with
his

Math warm-up

Show the number.

six

The date is: September 7, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

they

I

at

Math warm-up

Show the number.

seven

The date is: September 8, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunges

Reading warm-up

be
this
have

Math warm-up

Show the number.
eight

The date is: September 9, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



planks

Reading warm-up

from

or

one

Math warm-up

Show the number.

nine

The date is: September 10, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

had
by
words

Math warm-up

Show the number.
ten

The date is: September 11, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

but
not
what

Math warm-up

Draw a circle.

The date is: September 12, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

all
were
we

Math warm-up

Draw a square.

The date is: September 13, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

when
your
can

Math warm-up

Draw a rectangle.

The date is: September 14, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

said
there
use

Math warm-up

Draw a triangle.

The date is: September 15, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

an
each
which

Math warm-up

What number
comes next?
1, 2, 3, 4, __

The date is: September 16, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg raises

Reading warm-up

she
do
how

Math warm-up

What number
comes next?
5, 6, 7, 8, __

The date is: September 17, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

their

if

will

Math warm-up

$$2 + 2 =$$

The date is: September 18, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

up
other
about

Math warm-up

$$1 + 2 =$$

The date is: September 19, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



lunges

Reading warm-up

out
many
then

Math warm-up

$$3 + 3 =$$

The date is: September 20, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



crunches

Reading warm-up

them

these

so

Math warm-up

$$5 + 5 =$$

The date is: September 21, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

some

her

would

Math warm-up

$$4 + 4 =$$

The date is: September 22, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

make

like

him

Math warm-up

$$3 - 1 =$$

The date is: September 23, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg raises

Reading warm-up

into
time
has

Math warm-up

$$4 - 2 =$$

The date is: September 24, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



squats

Reading warm-up

look
two
more

Math warm-up

Count by 5s.
5, 10, __, __

The date is: September 25, 20__

The day of the week is:

Monday

Tuesday

Wednesday

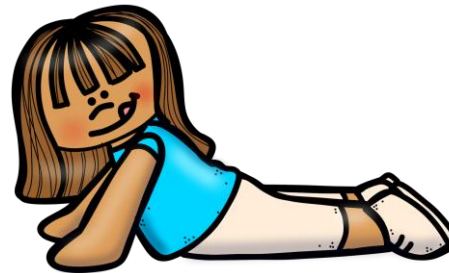
Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

write

go

see

Math warm-up

Count by 2s.

2, 4, __, __

The date is: September 26, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



run

Reading warm-up

number

no

way

Math warm-up

Count by 10s.

10, 20, __, __

The date is: September 27, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

could
people
my

Math warm-up

Draw 3 stars.

The date is: September 28, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



elbow to knee

Reading warm-up

than
first
water

Math warm-up

Draw 2 circles.

The date is: September 29, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



leg lifts

Reading warm-up

been
called
who

Math warm-up

Draw 4 apples.

The date is: September 30, 20__

The day of the week is:

Monday

Tuesday

Wednesday

Thursday

Friday

The weather today is:



Get moving!



stretch



jumping jacks

Reading warm-up

am

its

now

Math warm-up

Draw 3 leaves.